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Title: Application of sero-epidemiology data to inform interventions for HBV in Africa: should diagnosis and treatment replace catch-up vaccination?

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Abstract: Background: International goals for hepatitis B virus (HBV) infection set ambitious targets for elimination by 2030. In populations with a high prevalence of infection, catch-up HBV vaccination of adults is sometimes deployed. An alternative approach of 'test and treat' could be applied as a population intervention for HBV.

Methods: We used a systematic approach to determine the relationship between prevalence of HBV infection (HBsAg) and exposure (anti-HBc) in Africa. We applied a mathematical model to compare the impact of catch-up vaccination with a 'test and treat' strategy in a high prevalence setting.

Findings: There is a strong relationship between the prevalence of HBsAg and anti-HBc ($p < 0.0001$) across Africa, but the pattern differs between regions. Our data can be interactively visualised at <https://hbv-geo.shinyapps.io/oxafricahbv/>. In settings with high prevalence of infection, catch-up vaccination may have a transient effect. However, this intervention does not contribute to a sustained decline in prevalence, because a high proportion of adults are either already infected or immune as a result of prior exposure. In contrast, diagnosing and treating infection has a marked impact on reducing prevalence, equivalent to that of neonatal vaccination.

Interpretation: We have developed a high-resolution picture of HBV epidemiology across Africa. In combination with robust neonatal vaccination programmes, testing and treating infection is likely to be of more benefit than catch-up vaccination. This alternative not only

benefits the infected individual, but also has impact on transmission, thus contributing to sustained reductions in population prevalence.

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1 **Application of sero-epidemiology data to inform**
2 **interventions for HBV in Africa: should diagnosis**
3 **and treatment replace catch-up vaccination?**

4
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33 immunization, sustainable development goals, Africa, Uganda

34

35 **ABSTRACT**

36

37 **Background:** International goals for hepatitis B virus (HBV) infection set ambitious
38 targets for elimination by 2030. In populations with a high prevalence of infection,
39 catch-up HBV vaccination of adults is sometimes deployed. An alternative approach
40 of 'test and treat' could be applied as a population intervention for HBV.

41

42 **Methods:** We used a systematic approach to determine the relationship between
43 prevalence of HBV infection (HBsAg) and exposure (anti-HBc) in Africa. We applied
44 a mathematical model to compare the impact of catch-up vaccination with a 'test and
45 treat' strategy in a high prevalence setting.

46

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48 HBc ($p < 0.0001$) across Africa, but the pattern differs between regions. Our data can
49 be interactively visualised at <https://hbv-geo.shinyapps.io/oxafricahbv/>. In settings
50 with high prevalence of infection, catch-up vaccination may have a transient effect.
51 However, this intervention does not contribute to a sustained decline in prevalence,
52 because a high proportion of adults are either already infected or immune as a result
53 of prior exposure. In contrast, diagnosing and treating infection has a marked impact
54 on reducing prevalence, equivalent to that of neonatal vaccination.

55

56 **Interpretation:** We have developed a high-resolution picture of HBV epidemiology
57 across Africa. In combination with robust neonatal vaccination programmes, testing
58 and treating infection is likely to be of more benefit than catch-up vaccination. This
59 alternative not only benefits the infected individual, but also has impact on
60 transmission, thus contributing to sustained reductions in population prevalence.

61

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63

64 **RESEARCH IN CONTEXT**

65

66 **Evidence before this study:**

67 As a starting point for this study, we set out to assimilate evidence for a relationship
68 between the prevalence of HBV infection (typically represented by HBsAg) and
69 exposure (anti-HBc) in Africa, we undertook a systematic review of PubMed and
70 Web of Science for studies published in any language between 01-Jan-1995 and 01-
71 June-2018, according to PRISMA criteria and retrieved data from 89 individual
72 cohorts. We did not identify any previous systematic attempt to address the
73 relationship between infection and exposure. We found published studies that
74 include recommendations for catch-up vaccination in adolescents and adults, but no
75 previous comparison of the impact of catch-up vaccination with the alternative
76 approach of 'test and treat'. We have previously developed a model of HBV
77 transmission and prevention, which can be deployed to investigate a variety of
78 interventions to predict the likely impact on incidence and prevalence of HBV
79 infection.

80

81 **Added value of this study:**

82 We demonstrated a significant relationship between the seroprevalence of HBsAg
83 and anti-HBc. The strength of this association varies by region, suggesting
84 differences in HBV transmission patterns. In most high prevalence settings, catch-up
85 immunisation is likely to be of benefit to only a small minority of individuals, as a high
86 proportion of the population is either infected or protected by immunity arising as a
87 consequence of previous natural exposure. We use our mathematical model to
88 compare catch-up immunisation with the alternative approach of 'test and treat', and
89 demonstrate that the former intervention offers only transient benefit at population
90 level, while the latter drives sustained progress towards elimination.

91

92 **Implications of all the available evidence**

93 Although there is some published literature that suggests use of catch-up HBV
94 vaccination in adolescents and adults in high prevalence settings, a progressive body
95 of evidence underlines the need for prioritising diagnosis and treatment. This is
96 particularly true for high prevalence settings. Using a robust, systematic approach,
97 we have shown that seroprevalence of HBsAg and anti-HBc are strongly and
98 positively correlated, but this relationship varies by region. The higher the prevalence
99 of anti-HBc, the less the anticipated impact of catch-up vaccination. Interventions
100 should be based on robust local epidemiology data. Investment in 'test and treat'

101 initiatives, modelled on those rolled out for HIV, could be a crucial advance towards
102 HBV elimination goals.
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104 **INTRODUCTION**

105 There is an estimated global burden of 290 million cases of chronic hepatitis B virus
106 (HBV) infection,¹ the majority of which are undiagnosed and untreated.² Vaccination
107 to protect against infection is a cornerstone of interventions aiming to curtail this
108 major public health threat, with enhanced efforts arising as a result of United Nations
109 Sustainable Development Goals setting out elimination targets for the year 2030.³
110 The vaccine is included in the expanded programme for immunization (EPI), and has
111 been progressively rolled out for infants across southern Africa since 1995. However,
112 despite two decades of implementation, HBV remains endemic in many regions.
113 Optimisation of vaccine deployment, and evidence-based consideration of the impact
114 of parallel interventions, are urgently required if we are to accelerate progress
115 towards elimination targets in neglected, high-prevalence, resource-limited settings.

116

117 Prevalence of HBV exposure and infection can be extremely high in some settings;
118 for example, in regions of South Sudan and Northern Uganda, seroprevalence of
119 hepatitis B surface antigen (HBsAg) is estimated at 20-25%.^{4,5} High endemicity in
120 such settings can be difficult to tackle, as infection can persist for decades, and a
121 persistent reservoir is maintained by individuals with high viral loads (often
122 corresponding to HBeAg-positive status). Furthermore, robust epidemiology data are
123 lacking, and populations in Africa may have vulnerabilities associated with poverty,
124 stigma, and co-endemic human immunodeficiency virus (HIV) infection.² Horizontal
125 transmission within households, particularly affecting young children, is widely
126 described but poorly supported by the literature, and specific routes of acquisition
127 remain uncertain in African populations.

128

129 There is a sound evidence base for interventions to prevent HBV infection early in
130 life, with well-established regimens for prevention of mother to child transmission
131 (PMTCT).⁶ PMTCT in combination with routine infant vaccination currently offers the
132 best route to population elimination, albeit with time-scales that are projected to
133 exceed the targets that have been set for 2030.^{7,8} Introducing 'catch-up' vaccination
134 campaigns in older children and adults can appear an attractive public health
135 response in high prevalence settings.⁹ However, there are few data to support such
136 an approach in Africa, and the population impact of this strategy may be negligible,⁷
137 while incurring significant deployment costs. Economic analyses have reported that
138 catch-up HBV vaccine campaigns in young adults are cost-effective only if combined
139 with screening,¹⁰ highlighting the importance of focusing not only on prevention but
140 also on investment in diagnosis and treatment.¹¹ This concept has been embraced

141 for HIV in the roll out of 'Universal Test and Treat', where antiretroviral treatment
142 (ART) is offered at diagnosis,¹² conferring benefits to the individual and also to
143 population health by reducing the risk of transmission.¹³⁻¹⁵ Building on this experience
144 from the HIV field, a 'test and treat' strategy for HBV could offer substantial
145 advances. The feasibility, acceptability, and public health consequences of this
146 approach have been positively evaluated through studies in The Gambia.^{11,16}

147

148 Here, we took a comprehensive approach to investigating the sero-epidemiology of
149 HBV across the African subcontinent, with the specific aim of considering the role for
150 catch-up vaccination with the alternative 'test and treat' approaches at a population
151 level. We applied an existing model to project the likely impact of catch-up
152 vaccination versus alternative interventions in high prevalence settings. Our results
153 have immediate potential for practical influence, aiming to inform the optimum
154 deployment of limited resources for HBV diagnosis, treatment and prevention.

155

156 **METHODS**

157 *HBV seroepidemiology for Africa*

158 In order to improve an understanding of the relationship between the prevalence of
159 active infection (HBsAg) and the prevalence of naturally-acquired immunity (anti-
160 HBc) arising as a result of exposure to infection, we collected serological data from
161 the published literature. We undertook a systematic search of PubMed and Web of
162 Science in June 2018, using PRISMA criteria (Suppl Fig 1). We used the search
163 terms "HBV antibody", "anti-HBc", "HB core antibody", "HBV exposure" or "HBV
164 prevalence" AND "Africa" or [Name of specific country], using the list of countries on
165 the United Nations (UN) geoscheme for Africa
166 (<https://unstats.un.org/unsd/methodology/m49/>).

167

168 Inclusion criteria were as follows:

- 169 • Data gathered after the widespread roll-out of infant HBV vaccination in Africa
170 in 1995;
- 171 • No reported data collection undertaken pre-1995;
- 172 • Reported prevalence of both HBsAg and anti-HBc among cohorts primarily
173 reporting data for adults (age ≥ 16 years);
- 174 • Cohort does not sample a population enriched for HBV infection (see specific
175 exclusions listed in Suppl Fig 1).

176

177 We recorded total anti-HBc prevalence (i.e. proportion of population exposed to HBV,
178 irrespective of chronic infection status, which we have termed 'total exposure') and
179 also calculated the proportion of the population who have cleared infection (i.e. anti-
180 HBc prevalence minus HBsAg prevalence, termed 'exposed and cleared'). For
181 studies reporting prevalence data from ≥ 2 cohorts (e.g. HIV-positive (HIV+) and HIV-
182 negative populations), we recorded these as a single publication but ≥ 2 distinct data
183 points. Studies in a language other than English were translated using Google
184 Translate (<https://translate.google.com/>). We considered Northern Uganda as an
185 exemplar setting where HBsAg seroprevalence in adults may reach $>20\%$ in certain
186 communities,^{4,17} and where catch-up vaccination has been deployed.

187

188 We also sought evidence or recommendations underpinning catch-up vaccination of
189 adolescents and adults in Africa cited in PubMed using the search terms 'hepatitis b
190 virus' or 'HBV', and 'Africa' or [individual country name], with 'vaccin*' and 'catch up'
191 or 'adult'.

192

193 Ethics approval was not required for this study, as we only analysed data that are
194 already available in the public domain.

195

196 ***Statistical analysis of metadata***

197 The UN geoscheme classifies Africa into Central, Eastern, Northern, Southern and
198 Western regions; this is a standard approach for sub-dividing macro-geographical
199 areas for statistical analysis. For the regional analysis, each study was assigned
200 equal weighting when analyzing the data, regardless of the study size. We analysed
201 prevalence data for anti-HBc and HBsAg using Graphpad Prism v7.0. For non-
202 parametric data, we sought significant differences between data sets using Mann-
203 Whitney U tests, and for multiple comparisons we used 1-way ANOVA. We used
204 linear regression to derive lines of best fit, 95% confidence intervals and to
205 interpolate HBsAg prevalence from anti-HBc prevalence. We generated maps to
206 illustrate the location of the HBV cohorts and seroprevalence of relevant markers
207 using R (Source code will be made available on acceptance at the following link:
208 https://github.com/ArmandBester/Serology_of_HBV_in_Africa).

209

210 ***Modelling the impact of adult vaccination vs. 'test and treat'***

211 We used a published model that we initially developed to fit the seroepidemiology of
212 Kimberley in South Africa,⁷ using Bayesian Markov Chain Monte-carlo to project the
213 impact of various interventions. In this instance, we fitted the model to data from

214 Uganda (Suppl Table 1), a setting of high HBsAg prevalence.⁴ We modelled PMTCT
215 and vaccine-based interventions as described in the original study,⁷ and added a
216 'test and treat' strategy.

217

218 **RESULTS**

219 ***Significant relationship between prevalence of HBsAg (infection) and anti-HBc*** 220 ***(exposure)***

221 Through a systematic literature review, we collated prevalence data for HBsAg and
222 total anti-HBc, identifying a total of 89 studies spanning 37 African countries and
223 generating 100 unique data points (complete metadata are available on-line)¹⁸. The
224 median ages for the cohorts represented was 34.4 years (IQR 29.1-36.2 years) with
225 age data available for 64% of studies. Among the most frequently sampled
226 populations were HIV+ individuals, antenatal women and healthcare workers.

227

228 The distribution of these cohorts and the prevalence of HBV serological markers is
229 shown in Fig 1. These data can be interactively explored on-line at <https://hbv-geo.shinyapps.io/oxafricahbv/>. Pooling data for all regions, the prevalence of HBsAg
230 (infection) is positively correlated with total anti-HBc (exposure), $p < 0.0001$ by linear
231 regression, Fig 2A. This relationship also holds true for an association between
232 HBsAg prevalence and the 'exposed and cleared' population ($R^2 = 0.07$, $p = 0.009$,
233 data not shown). We did not find any significant differences in HBsAg or anti-HBc
234 prevalence between HIV+ cohorts ($N = 26$) and other cohorts ($p = 0.16$ and $p = 0.42$,
235 respectively; Suppl. Fig 2).

236

237 ***Variations by region and by country***

238 For most regions, we observed the same association between HBV exposure (total
239 anti-HBc) and prevalence of infection (HBsAg), Fig 2B-E. The highest population
240 exposure and correspondingly highest rates of HBsAg positivity are in Western Africa
241 (Fig 2E, 3B). In contrast, Northern Africa has significantly lower prevalence rates of
242 infection than other regions (red bars, Fig 2A). This variation in HBsAg prevalence is
243 significantly different between regions, (for Northern Africa compared to Western and
244 Southern Africa, $p = 0.0002$ and $p = 0.04$ respectively, Fig 3B); and cannot be
245 explained only by lower population exposure rates: although anti-HBc prevalence is
246 somewhat lower in Northern than Western Africa ($p = 0.001$), there is no difference in
247 anti-HBc prevalence between Southern and Northern Africa ($p = 0.99$). Indeed, the
248 predicted HBsAg prevalence was approximately 50% lower in Northern than
249

250 Southern Africa for any given anti-HBc prevalence (Fig 2B, D; Suppl. Table 2; Suppl.
251 Fig 3).

252

253 Central African regions display a different relationship, whereby a high population
254 exposure to HBV is not consistently associated with a correspondingly high
255 prevalence of infection (Fig 2F). This is likely to be a robust representation of the
256 region, as the data cover a 15-year period, and represent multiple countries from
257 where a median of 455 subjects were analysed (IQR 225-782 subjects).

258

259 Focusing specifically on Uganda, in Eastern Africa, we also found a significant
260 relationship between HBsAg and anti-HBc prevalence; $p=0.01$, Fig 2G, 3A. However,
261 even within this single country, considerable differences are seen in prevalence of
262 HBsAg and anti-HBc as determined by different studies (see metadata on-line).¹⁸

263

264 ***Impact of catch-up vaccination of adolescents and adults***

265 We did not identify any published evidence for catch-up vaccination of adolescents
266 and adults either in the form of intervention studies or based on reviews of the
267 existing literature. However, a number of authors do suggest catch-up vaccine
268 programmes as a way of tackling high population HBV prevalence (data from
269 literature review summarised in Suppl Table 3; for examples, see the following
270 citations).^{4,9,19,20}

271

272 Based on the mean prevalence values from the combined Uganda cohorts
273 represented by our literature review, 54.3% of adults across this country have been
274 exposed (among these, a total of 11.1% of the adult population is actively HBV-
275 infected and the remainder have been infected and cleared). This leaves 45.7% of
276 the total adult population potentially susceptible (orange bars, Fig 2A). Only a small
277 proportion of this susceptible pool of adults would be exposed to infection each year
278 (there are few data to estimate this exposure rate, but one study from another region
279 of East Africa estimates this at 3-4%).²¹ The natural history of HBV infection in adults
280 suggests that <5% of exposure events lead on to chronic infection. Thus, the
281 predicted proportion of the total adult population predicted to avoid chronic infection
282 through catch-up vaccination each year is, roughly, 50% (vulnerable) x 4% (exposed)
283 x 5% (develop chronicity) = 0.1%.

284

285 Using an established model of HBV transmission and prevention,⁷ we investigated
286 the impact of catch-up vaccination among adults, within a high HBV prevalence

287 setting, exemplified by Uganda⁴ (Suppl Table 1). Fig 4 presents selected results from
288 simulations, in which a catch-up immunization programme in adults is projected to
289 have only a transient impact on reducing new cases of HBV infection. In the long-
290 term, this strategy offers no sustained overall benefit in progress towards elimination
291 targets, even when deployed at 100% population coverage (Fig 4A, orange band).
292 The poor impact of catch-up vaccination is due to a limited pool of susceptible adults
293 and the lack of impact on the actively infected population. In contrast, enhanced
294 coverage of other interventions, including PMTCT and neonatal vaccination will lead
295 to shorter time-frames for reducing HBsAg prevalence, given their direct impact on
296 the rate of new chronic infections, the main reservoir of HBV infection.

297

298 ***Impact of 'test and treat' in highly endemic settings***

299 We also modelled the impact of 'test and treat', projecting that this strategy has the
300 fastest reduction in HBV population prevalence of all interventions (Fig 4A, purple
301 band). Recognising the significant barriers to identifying all cases of infection,
302 (including silent infection, lack of education, poor access to laboratory facilities for
303 testing, and stigma)², we also modelled the outcome for 'test and treat' strategies that
304 reach <100% of the HBV-infected population. Diagnosis and treatment for 80% of
305 infected adults (Fig 4B, green band) or 50% of the whole infected population (Fig 4B,
306 red band) delivers a reduction in HBsAg prevalence over time that is comparable to
307 neonatal vaccination (Fig 4A, blue band). Even reducing the population tested and
308 treated to only 50% of adults (Fig 4B, orange band) is still substantially more
309 effective than 100% catch-up vaccination (Fig 4A, orange band).

310

311 **DISCUSSION**

312 United Nations Sustainable Development goals have set an ambitious time-frame in
313 which to make significant reductions in both prevalence and incidence of HBsAg
314 carriage by the year 2030.³ Careful, evidence-based deployment of interventions is
315 essential if sustained and collective progress is to be made towards these targets,
316 and existing epidemiology data can provide important insights into patterns of
317 infection and susceptibility. Although it can seem intuitive to deploy catch-up
318 vaccination for adolescents and adults in high prevalence HBV settings, we here
319 demonstrate that only a limited proportion of the population remains susceptible,
320 representing a minority who will potentially benefit from catch-up vaccination,
321 illustrated by Fig 5. For this reason, catch-up vaccination will frequently not be a
322 prudent use of resources as a public health intervention, although in some settings,
323 there may be cost benefits in targeting young populations with catch-up

324 vaccination.²² The distinct regional patterns of HBV epidemiology, and the lack of
325 overlap between the epicentres of HCV infection in North Africa, HIV in Southern
326 Africa and endemic HBV, suggest different patterns of transmission of HBV between
327 regions, and different transmission routes for different blood-borne viruses across the
328 continent. Notably, even with a single country – exemplified here by Uganda – there
329 is evidence of region-specific patterns of exposure and transmission.

330

331 In order to make progress towards achieving HBV elimination goals, we therefore
332 suggest that the public health agenda should focus primarily on active ‘test and treat’
333 programmes aimed at older children and adults. Success of this strategy depends on
334 education, resource and infrastructure. Our results are congruent with the findings of
335 a recent review of HBV vaccination in South Africa highlighting the need to prioritise
336 infant immunization above catch-up campaigns in adolescents,²⁰ and with previous
337 economic evaluations of the ‘test and treat’ approach.^{23,24} In practice, achieving
338 success through ‘test and treat’ requires multi-pronged investment including
339 education, laboratory infrastructure to provide assessment and monitoring of
340 infection, and provision of effective, sustained drug therapy for both HBV
341 mono-infection and HIV/HBV coinfection. In order for treatment to be successfully
342 rolled out, focus on diagnosis is pre-requisite,^{11,25} parallel investment in infra-
343 structure is paramount to triage cases for treatment (based on including laboratory
344 and radiological criteria), and additional scrutiny will be required for drug resistance.²⁶

345

346 The epidemiology and dynamics of infection are different in certain high-risk
347 subgroups (health care workers, sex workers and their clients, MSM, partners and
348 household contacts of infected individuals), and continuing to target these individuals
349 with preventive vaccination remains very important. Likewise, we continue to
350 emphasise the importance of routine neonatal immunization campaigns which are a
351 cornerstone of elimination strategies.⁷

352

353 ***Relationship between exposure and active HBV infection in Africa***

354 Our seroepidemiology review highlighted considerable regional differences in the
355 relationship between HBV exposure and active infection. A diverse range of factors
356 influence the risk of developing chronic HBV infection after acute infection (Suppl
357 Table 4), with age at exposure among the most robustly recognised. Our data
358 suggest that in regions with low HBsAg prevalence in the setting of high anti-HBc
359 (epitomised by countries in central Africa), most exposure events may be occurring in
360 adults. In contrast, in Western Africa, where HBsAg prevalence is highest, the

361 majority of exposure events may be in early life. Our data illustrate the marked
362 variation in epidemiology even within individual countries, as shown for Uganda (Fig
363 2G); for this reason, careful data collection and review is required to underpin the
364 most effective interventions for specific locations.

365

366 Genotype of infection and transmission routes may also be relevant. HBV genotypes
367 A, D and E are most prevalent in Africa, with a substantial proportion of infections
368 accounted for by horizontal transmission during early childhood.²⁷ Data remain
369 scarce but, an increased HBV e-antigen (HBeAg) prevalence amongst genotype E
370 infected individuals has been reported,²⁸ which typically correlates with higher viral
371 loads and an increased risk of mother to child transmission.²⁹ Genotype E is
372 geographically restricted to Western Africa, where we describe the highest HBsAg
373 prevalence, suggesting infection in this region may be occurring at an earlier age
374 than elsewhere. Likewise, traditional cultural practices that confer exposure to HBV
375 at specific ages may be common in some regions but not others. Scarification has
376 been correlated with increased HBV risk in Nigeria,³⁰ and the use of traditional
377 healers, unsafe medical practices and a lack of awareness of risk factors for HBV are
378 all likely to contribute towards transmission.

379

380 ***Relationship between HBV and HIV***

381 There was no evidence from our dataset that HIV+ individuals were more likely to be
382 either HBV infected or exposed, in keeping with previous reports.²⁹ This observation
383 reflects different transmission patterns of the two viruses: HIV is less infectious than
384 HBV when transmitted by blood and is largely sexually transmitted in Africa. In
385 contrast, the risk of developing chronic HBV infection is high in early life and declines
386 with age. However, robust analysis of the influence of HIV is made difficult by limited
387 data. While we were able to identify a large number of HIV+ cohorts, only three of
388 these had directly comparable HIV-negative cohorts (data from South Africa and
389 Uganda).¹⁸ Among all other published cohorts, which we have assumed to be HIV-
390 negative, a background prevalence of HIV infection is likely but not clearly reported.

391

392 ***Caveats and limitations***

393 Given Africa's population of >1.2 billion people and the substantial public health
394 problem that HBV represents for this continent, there are very limited epidemiological
395 data to inform the most appropriate interventions. Our maps highlight geographical
396 gaps in the data (Fig 1), while existing cohorts are often relatively small and biased
397 by the recruitment of specific groups who may not represent the general population.

398

399 The published literature does not account for the prevalence of occult HBV, which is
400 rarely detected due to lack of availability of HBV DNA testing. However, individuals
401 with occult HBV would still generate anti-HBc; thus while we may be underestimating
402 the prevalence of active infection, these subjects are still included within our exposed
403 population. We included papers published after the EPI introduction in 1995,
404 although not every country in the study adopted recommended vaccine schedules
405 immediately. Based on the age of adults represented in most of our cohorts, we can
406 assume the majority of subjects in the study were unlikely to have been vaccinated at
407 birth. Future sero-surveys will provide more insights into the impact of routine infant
408 HBV vaccination. An assessment of vaccine-mediated immunity (anti-HBs) would
409 also be useful in estimating the impact of infant HBV vaccination in Africa.

410

411 ***Implications for practice***

412 An improved understanding of HBV epidemiology at local and regional levels will be
413 highly informative for the design of public health initiatives, allowing relevant,
414 targeted interventions to be deployed in individual settings. Our data show the
415 substantial potential impact of 'test and treat' approaches for HBV. Such strategy has
416 gained traction in a population health approach to HIV, but has not been widely
417 adopted for HBV to date. We advocate significant investment in capacity building for
418 improving HBV diagnosis and treatment, including point-of-care testing, antenatal
419 screening, availability of TDF as monotherapy. A sustained and systematic
420 commitment to diagnosis and treatment represents a key component of the journey
421 towards HBV elimination.

422 **LEGENDS**

423

424 **Fig 1: Maps demonstrating the location of adult HBV cohorts identified through**
425 **a systematic literature review.**

426 First row shows data by individual cohort, depicting (A) HBsAg prevalence, (B) total
427 anti-HBc prevalence, and (C) HBV susceptible population (100% of population minus
428 anti-HBc prevalence). Each circle is placed to represent the location of the cohort,
429 and the colour represents the prevalence of the attribute (scale bar as shown on
430 each panel). Second row shows data by country (D-F), and third row by region (G-I).
431 Each area is coloured to reflect high to low prevalence of the attribute in question
432 (scale bar as shown on each panel). Countries shown in grey have no data. The
433 cohort metadata are available on-line,¹⁸ and an interactive version of these maps can
434 be accessed on line using the following link: [https://hbv-
435 geo.shinyapps.io/oxafricahbv/](https://hbv-geo.shinyapps.io/oxafricahbv/). The source code can be accessed here:
436 https://github.com/ArmandBester/Serology_of_HBV_in_Africa.

437

438 **Fig 2: Relationship between population prevalence of anti-HBc (exposure) and**
439 **HBsAg (active infection) for (A) the entire African sub-continent, (B) Northern**
440 **(C) Eastern (D) Southern (E) Western (F) Central, (G) Uganda.** UN geoschemes
441 used to classify the regions can be found at
442 <https://unstats.un.org/unsd/methodology/m49/>). Data derived from a review of the
443 published literature (full metadata available on-line)¹⁸. R^2 and p values by linear
444 regression (solid line). Outer dashed lines show 95% confidence intervals. Linear
445 regression plots and 95% confidence intervals (shaded regions) are shown for the
446 whole of Africa in grey and for each region in red, and for a single country in blue.
447 Plots B-G have been shown with the whole of Africa for comparison.

448

449 **Fig 3: Estimated proportion of the population with active HBV infection,**
450 **previous exposure and susceptibility to HBV infection, divided by (A) country**
451 **and (B) region of Africa.** Countries have been grouped according to the UN
452 geoscheme for Africa. The number of studies per country is given in brackets next to
453 the country name. Two studies were counted twice as they contained cohorts from
454 two different countries. In (B), boxplots show the mean, inter-quartile ranges and
455 range of the data sets, with all significant differences indicated. All studies are listed
456 in on-line metadata.¹⁸ See methods for definitions of infection, previous exposure and
457 susceptibility.

458

459 **Fig 4: Simulation of change in HBsAg prevalence over time in response to**
460 **population interventions.** The pre-intervention prevalence is set close to 10%,
461 based on population prevalence of HBV infection in Uganda (Suppl Table 1). Decline
462 in prevalence is shown over time; bands are 95% CI for each intervention based on
463 5000 stochastic simulations using parameter samples from the posteriors obtained
464 by fitting the model. (A) Comparison of interventions applied to 100% of the
465 population: catch-up vaccination of all ages as a one-off event at time=0 (orange),
466 routine immunisation of children aged >6 years (green), PMTCT all births (red),
467 routine neonatal immunisation (blue) and diagnosis and treatment 'Dx + Tx' (purple);
468 (B) Comparison of Dx + Tx applied to different proportions of the population: 50% of
469 adults (orange), 80% of adults (green); 50% of whole population (red); 80% of whole
470 population (blue); 100% of whole population (purple). Fitted baseline prevalence is
471 indicated by the dashed line. All interventions modelled as previously described,⁷ and
472 the new 'Dx + Tx' is based on reducing the force of infection of each population
473 group directly by the specified amount.

474

475 **Fig 5: Cartoons to illustrate seroepidemiology of HBV infection in Africa.** (A)
476 Using data from Uganda (Supp Data Table 1), we illustrate the small proportion of
477 adults who would potentially be protected through catch-up immunization.
478 Immunization would prevent chronic infections in only 1-2% of the susceptible adult
479 population who are exposed to HBV at an estimated rate of 3-4% per year,²¹ among
480 whom >95% would be predicted to clear spontaneously. Regions of Northern
481 Uganda have a markedly higher prevalence of both active infection and population
482 exposure than other regions with only 27-35% of the population susceptible to
483 infection (see Fig 2G). (B) After exposure to HBV, the risk of developing chronic
484 infection is highest amongst young infants and this risk gradually declines with age
485 until adulthood, where there is low risk of developing of chronic infection. Figure
486 informed by parameters in Suppl Data Table 1.

487

488 **SUPPLEMENTARY DATA**

489

490 Full metadata for our systematic literature review are available on-line.¹⁸

491

492 **Suppl. Table 1: Population data and HBV seroepidemiology for Uganda used to**
493 **inform a model to determine impact of interventions.** Further details of the model
494 have been previously described.⁷

495

496 **Suppl. Table 2: Predicted HBsAg prevalence for Northern, Eastern, Southern,**
497 **Western and Central Africa with a given anti-HBc prevalence.** Data to inform the
498 analysis were derived from a systematic literature review (full metadata on-line)¹⁸.
499 Linear regression analysis data for the African regions was simulated to predict
500 HBsAg prevalence with a given anti-HBc prevalence ranging from 5-60% and
501 increasing in increments of 5%. Values plotted in Suppl. Fig 3.

502

503 **Suppl. Table 3: Results of a systematic literature review to identify evidence or**
504 **recommendations for use of catch up HBV vaccination in adolescents and**
505 **adults in Africa.**

506

507 **Suppl. Table 4: Factors that may contribute to regional differences in**
508 **prevalence of anti-HBc and HBsAg across Africa.**

509

510 **Suppl. Fig 1: PRISMA chart to show the search criteria and relevant literature**
511 **identified through a systematic literature review to describe the relationship**
512 **between the prevalence of HBsAg and anti-HBc in subSaharan Africa.** The
513 resulting metadata set is available on-line.¹⁸

514

515 **Suppl. Fig 2: Average prevalence of anti-HBc and HbsAg in confirmed HIV-**
516 **positive cohorts and all other cohorts based on data for Africa collected**
517 **through a systematic literature review.** Boxplots show the mean, inter-quartile
518 ranges and range of the data sets. No significant differences were identified for either
519 anti-HBc or HBsAg prevalence ($p=0.42$ and 0.16 respectively).

520

521 **Suppl. Fig 3: Predicted HBsAg prevalence for Northern, Eastern, Southern,**
522 **Western and Central regions of Africa with a given total anti-HBc prevalence.**

523

524

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619 **AUTHORS' CONTRIBUTIONS**

620 The article was conceived and designed by ALM, JS, RN, PO and PCM. The paper
621 was written by ALM, JL and PCM with editorial contributions from all authors. ALM,
622 SFL, JM and DF undertook the systematic literature review. JL and SG provided the
623 mathematical model and simulations, with input from NG. PAB analysed
624 epidemiology data and generated interactive maps. KRK provided expertise in health
625 economics. TGM, KRK, JS, RN and PO provided expertise on local HBV
626 interventions in South Africa and Uganda. All authors approved the final manuscript.

627

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631

632 **CONFLICTS OF INTEREST**

633 We have no conflicts of interest to declare.

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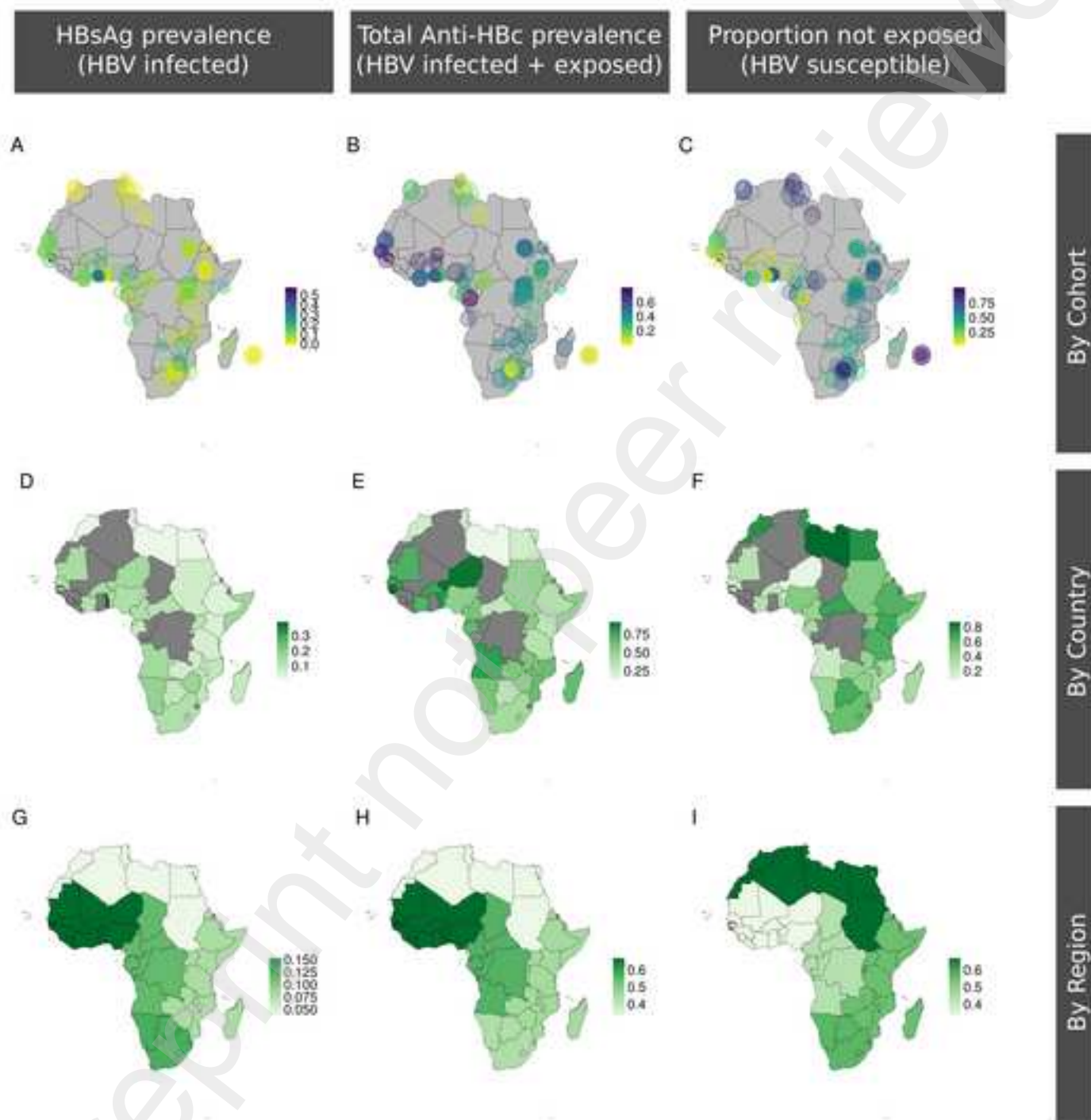
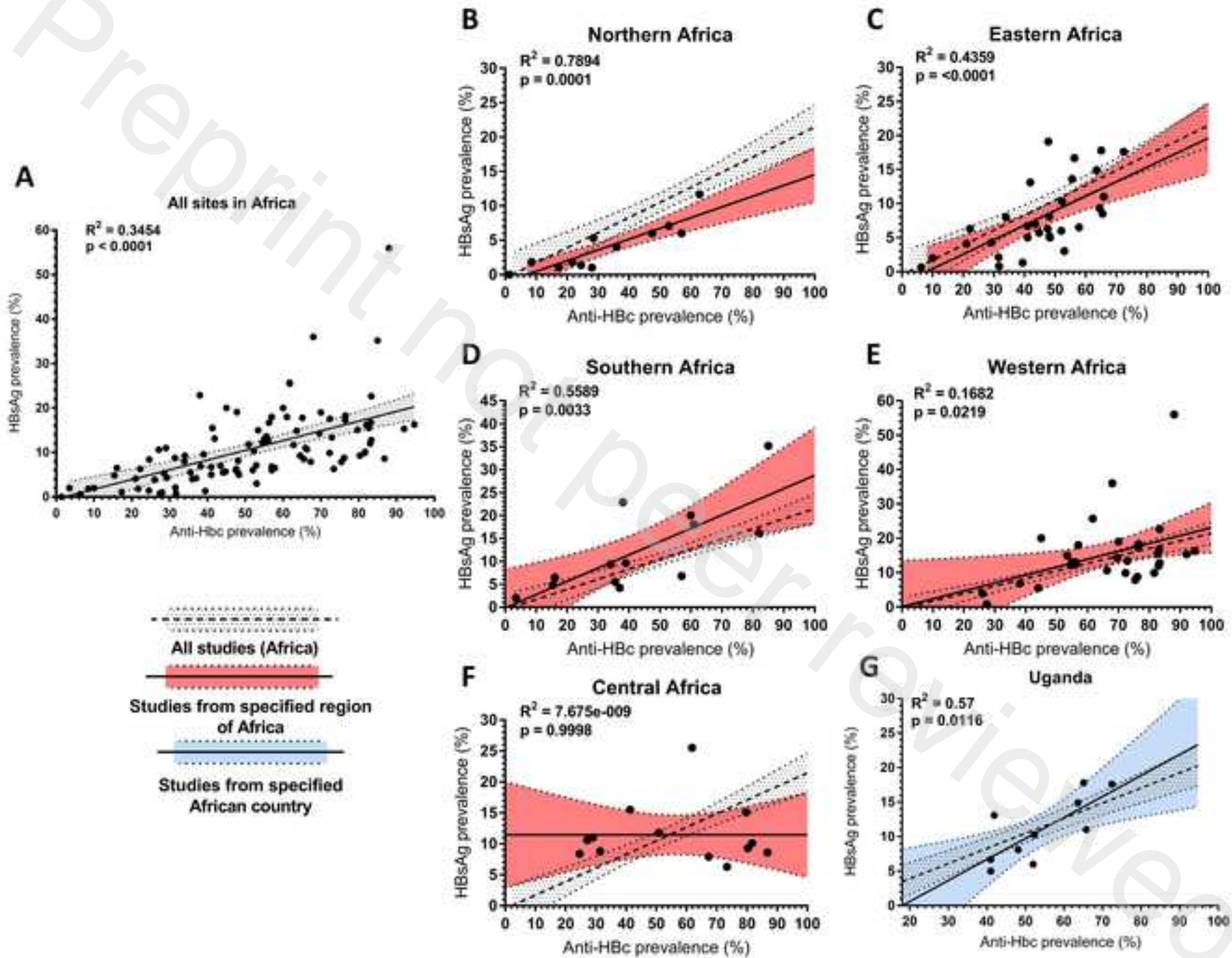


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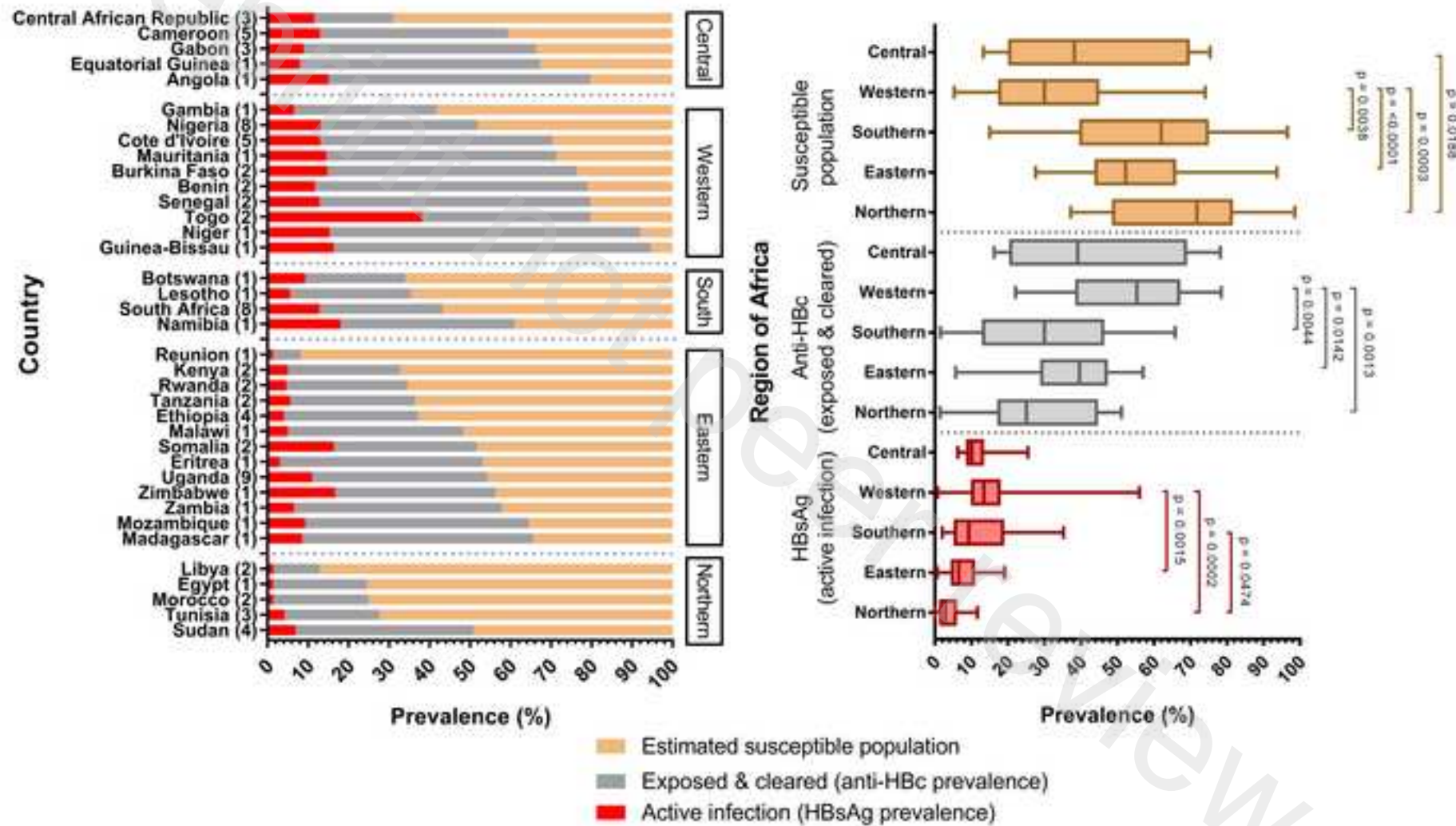


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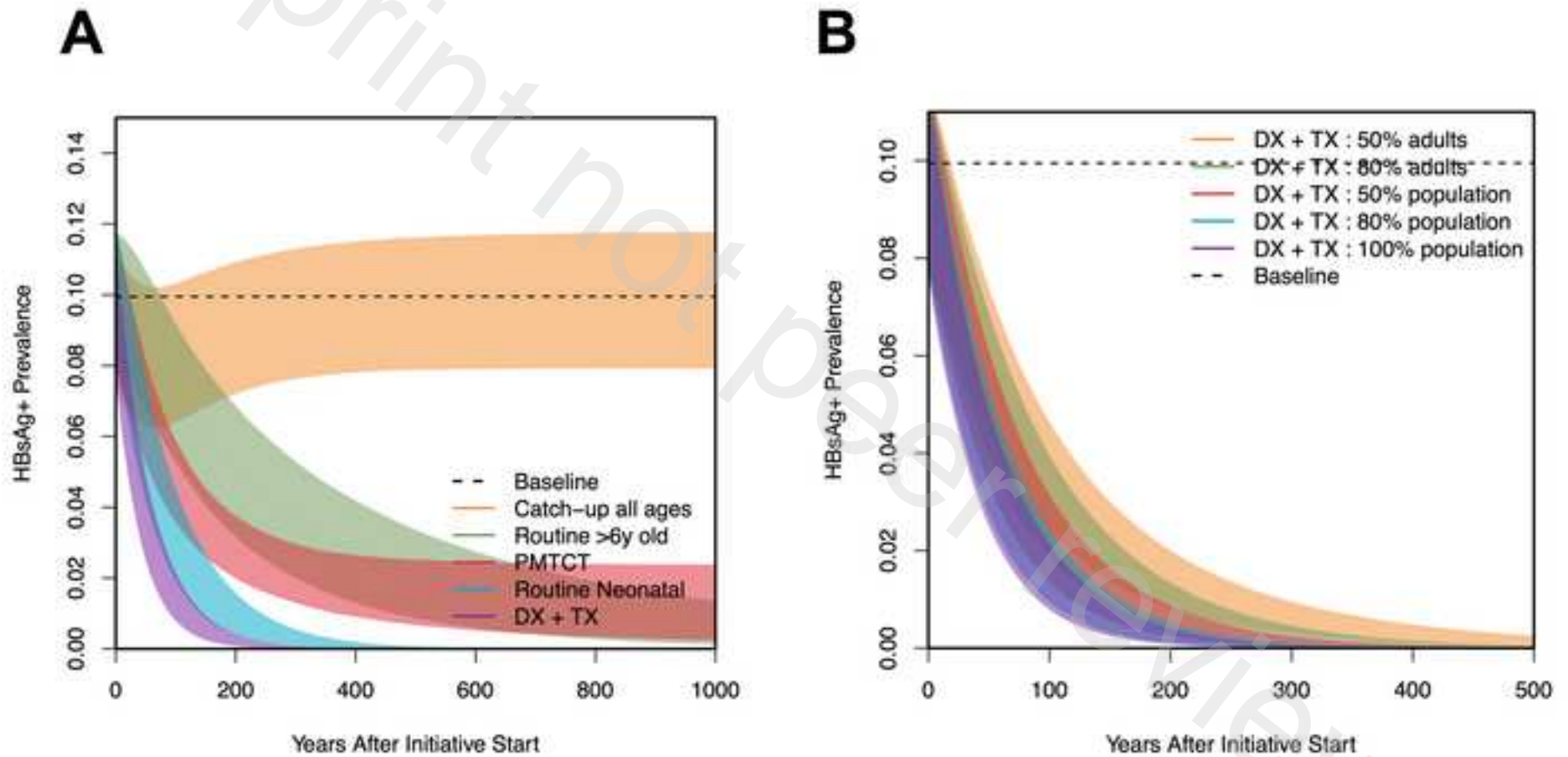
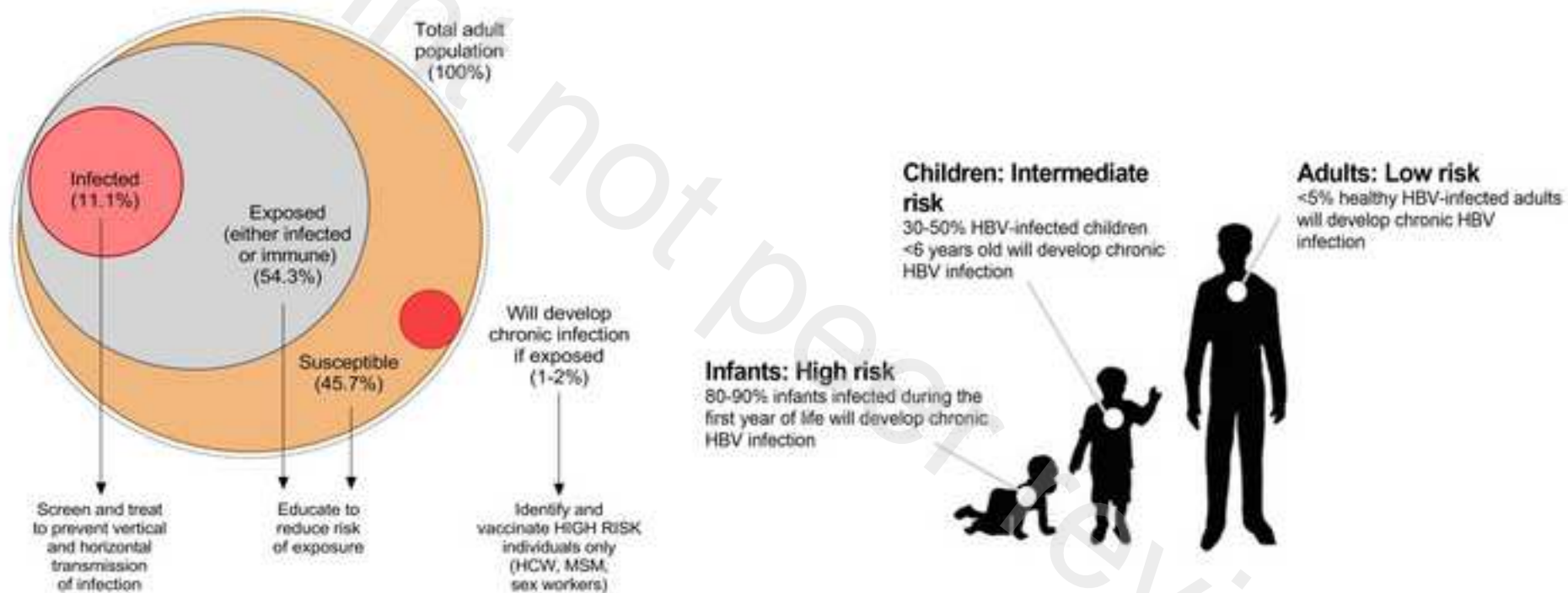


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