

Determinants of malaria infections among children in refugee settlements in Uganda. Analysis of data from Uganda malaria indicator survey, 2018-19

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Abstract

Background

Globally, 5% of 247 million global malaria cases are reported Uganda which is also one of the top refugee hosting countries in Africa, with 1.36 million refugees currently. Although malaria is an emerging challenge for humanitarian response in refugee settlements, little is known about its risk factors. The study analysed data from the 2018-19 Uganda Malaria Indicator Survey (UMIS) to determine the factors associated with malaria infections among refugee children under five years of age.

Methods

The analysis was run using the 'Individual dataset' of UMIS. The independent variables related to the demographic, social-economic and environmental information on 3,481 refugees spreading across the country. The rapid diagnostics test results was the outcome variable. Multivariate logistic regression was performed to identify predictors of the malaria infections.

Results

Overall, the prevalence of malaria infections in all refugee settlements across the nine hosting districts was 36.6%. Malaria infections were higher in refugee settlements located in Isingiro (98.7%), Kyegegwa (58.6%) and Arua (57.4%) districts. The odds of contracting malaria were higher in refugee households whose children were aged 31–45 months (AOR = 2.14, 95% CI = 1.32–3.47) and above 45 months (AOR = 2.01, 95% CI = 1.22–3.32). Households whose main sources of domestic water were open water sources, boreholes and water tanks, were 1.22 (AOR = 1.22, 95% CI = 0.08–0.59), 2.11 (AOR = 2.11, 95% CI = 0.91–4.89) and 4.47 (AOR = 4.47, 95% CI = 1.67–11.9) times more likely to have their children contracting malaria. Households which used pit latrines and those without any toilet facility or used open defecation methods were 1.48 (AOR = 1.48, 95% CI = 1.03–2.13) and 3.29 (AOR = 3.29, 95% CI = 1.54–7.05) times more likely to have their children contracting malaria. Households which did not have insecticide treated bed nets or sprayed their households were 1.15 (AOR = 1.15, 95% CI = 0.43–3.13) and 8.04 (AOR = 8.04, 95% CI = 2.47–26.2) times more likely to have their children contracting malaria. Households which did not know that mosquito bites caused malaria, were 1.09 (AOR = 1.09, 95% CI = 0.79–1.51) times more likely to have their children getting malaria.

Conclusions

These findings suggest that humanitarian responses and investments that reduce survival, biting, feeding, parasite development and breeding of mosquitoes will provide malaria health benefits in refugee settlements in Uganda.

Background

Malaria is among the major global life threatening diseases which is spread to humans by bites from infected female *Anopheles* mosquitoes (1). Although six *Plasmodium* (p) parasite species (i.e. *P. falciparum*, *P. vivax*, *P. malariae*, *P. ovale curtisi*, *P. ovale wallikeri* and *P. knowlesi*) are known to cause malaria in humans, *P. falciparum* is the most prevalent malaria parasite in sub-Saharan Africa (SSA), contributing to most of the malaria cases and deaths (2). By 2021, there was an estimated 234 million malaria cases and 593,000 deaths within the WHO African Region (1). The malaria burden was further amplified by the COVID-19 disruptions which constrained malaria chemoprevention, distribution of insecticide-treated bed nets (ITNs), indoor residual spraying (IRS), malaria testing and treatment (3). By 2021, an estimated additional 13.4 million cases were attributed to the disruptions during the COVID-19 pandemic (1). In addition, climate change is adding another layer of complication to the burden considering that the transmission frontiers and the risk for malaria have shifted further to the eastern and southern parts of the African continent especially in highland and densely populated regions (4, 5).

As the world strives to eliminate malaria (1), the plight of refugees, displaced people, and asylum seekers must not be forgotten. It is widely recognised that human mobility influences the spread of infectious diseases including influenza, cholera, malaria, dengue, schistosomiasis and Ebola among others (6–8). Human mobility is one of determinants of many infectious disease transmission dynamics by either introducing pathogens into susceptible populations or changing the frequency of contacts between infected and susceptible individuals or both (9). As of late 2021, the United Nations Refugee Agency estimated that globally, there were 89.3 million forcibly displaced people (10), with almost two-thirds of the people affected by humanitarian emergencies inhabiting malaria endemic regions (11).

The high prevalence of malaria among the displaced populations in Africa constitutes an emerging challenge for humanitarian response (12). Vector borne and other infectious diseases present many challenges in refugee settlements due to inequalities, limited access to healthcare services, and crowded environments which enable rapid disease spread (13). The risk for malaria infections can increase among refugees especially when immunologically naive individuals with little to no prior malaria exposure move to areas of more intense transmission (11). Besides, the influx of refugees from endemic countries can be associated with imported malaria (6) which can contribute to secondary transmission and the spread of drug resistance while threatening long-term elimination goals (14).

The population subgroups considered to be at higher risk of contracting malaria include children under 5 years of age (15, 16), pregnant women (17), and patients with HIV/AIDS (18). Refugees are rendered vulnerable to malaria infections by their lack of protective immunity, increased concentration of people in exposed settings, limited distribution of ITNs, inadequate IRS, insufficient rapid clinical diagnostic and treatment responses (19, 20). Other risk factors include outdoor night activities, wearing short clothes, residing in unfinished houses, poor drainage (21) and acute malnutrition among children (22).

While 5% of the 247 million global malaria cases are from Uganda (1), the country is also one of the top refugee hosting countries in Africa (23). Refugee settlements in Uganda are predominantly located in rural areas of hosting districts usually with active malaria transmission. Such areas are typically characterised by overcrowding, inadequate and temporary shelters, limited vector control efforts and poor access to water and sanitation (24). These conditions make refugee settlements susceptible to high risks of malaria transmission. Elsewhere, it has been documented that malaria is among the leading causes of morbidity and mortality among children under five years of age in refugee settlements (16, 21, 25). Despite these potential risks and challenges, studies on refugees in Uganda have concentrated much on adolescent sexual behaviour (26), psychosocial impact of COVID-19 (27), impact of COVID-19 on food security (28), access to education (29), agroforestry (30), environmental degradation (31) among others, with limited focus on malaria risk factors, treatment and prevention measures (25).

Understanding the key risk factors for malaria infections among children in refugee settlements is crucial for (re)designing humanitarian responses and selecting appropriate intervention strategies for malaria prevention, control, even elimination. This is only possible with adequate research and evidence to support the development of effective and sustainable management strategies. To bridge this knowledge gap, this study utilised data from the 2018-19 Uganda Malaria Indicator Survey (UMIS) which is the first national wide malaria survey in Uganda to include households and people in refugee settlements (32). This study aimed at providing an overview the prevalence of malaria infections and local context risk factors for malaria infections among children under five years of age in refugee settlements of Uganda.

Methods

Study area

Uganda is the third largest refugee-hosting country in the world after Turkey and Pakistan with 1.36 million refugees (24). By 2018, South Sudanese made up the largest refugee population in Uganda (985,512), followed by DRC (271,967) and Burundi (36,677) (24). About 70,988 refugees from Ethiopia, Eritrea, Rwanda, Somalia and Sudan have lived in protracted exile in Uganda for the past three decades (33). The majority of the refugee population are women and children (82%), with 56% below the age of 15, while 25% are younger than 5 years (34). This study focused on all refugee settlements located in nine districts including Yumbe, Arua, Adjumani, Moyo, Lamwo, Kiryadongo, Kyegegwa, Kamwenge and Isingiro, as shown in Fig. 1.

Review of existing knowledge on malaria risk factors

To link the demographic and social-economic variables captured in the 2018-19 UMIS to malaria infections, a literature review was necessary. In this study, a comprehensive survey of relevant literature on household level malaria risk factors was conducted. The search for literature focused on review papers and scientific research articles. The search was done in four databases namely MEDLINE (Pubmed®), EMBASE®, Scopus®, and Web of Science®. Google scholar and Mendeley search engines were also used to obtain relevant literature. In both the databases and search engines, keywords and combination of key words [i.e. malaria and social economic factors, malaria and demographic characteristics, malaria risk factors etc.] were used to guide the literature search. The search was limited to literature published between 2018 and 2022. Ten publications, mainly review articles, were identified and reviewed for the documented risk factors associated with malaria infections among children at the household level. Explanatory variables identified from the review and deemed relevant for the refugee settlements are summarized in Table 1.

Table 1
Household level risk factors associated with malaria infections among children

Explanatory variables	Description	Relationships with malaria infections	Sources
Sex of household head	Determines the ability to obtain malaria treatment and prevention measures	±	(6,35,36)
Mother's education	Determines acquisition and usage of malaria prevention methods and treatment	±	(6,36–38)
Number of household members	Provides adequate source of blood meal for mosquitos. Larger households are at a higher risk	±	(6,36,37)
Household wealth status	Influences housing quality, ownership and payment for malaria prevention and treatment	±	(6,36–38)
Insecticide treated nets (ITNs)	Prevents night mosquito bites around the beds	±	(6,35–37,39,40)
Indoor residual spraying (IRS)	Kills or repels mosquitoes which feed and rest indoors	±	(6,35–37,39,40)
Wall materials	Influences the level at which mosquitoes enter households	±	(6,36–38,40–42)
Roof materials	Determines the suitability of indoor resting sites for mosquitoes	±	(6,36–38,40–42)
Floor materials	Influences indoor mosquito density	±	(6,36–38,40–42)
Sanitation	Determines the nature of breeding sites for mosquitoes around households	±	(6,36,37,41)
Drinking water sources	Influences the nature of ovi-position sites and the time required by vectors to locate them.	±	(6,36,37,41)
Distance to water sources	Determines the time taken by mosquitoes to find a suitable breeding site.	±	(6,36,41)
Type of cooking fuel	Influences indoor mosquito density, survival and biting rates	±	(36,41)
Knowledge of the cause and prevention of malaria	Influences the likelihood of ITN use and malaria treatment	±	(43)

Data source

Data for this study was from the 2018-19 Uganda's malaria indicator survey (UMIS). The dataset was downloaded from the Demographic and Health Surveys (DHS) program. The 2018-19 UMIS was the third malaria survey to be conducted in Uganda (after the 2009 UMIS and 2014-15 UMIS) focusing on refugee settlements and their hosting districts and included information on malaria parasite prevalence, anemia, and status of key malaria indicators (32). The 2018-19 UMIS used a nationally representative sample of 320 clusters. In this survey, representative samples were obtained using probability sampling techniques consisting of a two-stage cluster sampling method. Standardised questionnaires were designed to collect the demographic, social, economic and environmental information of the surveyed households. Both Rapid Diagnostic Test (RDT) and the Blood Smear Test (BST) were used to test malaria parasitemia among children under five years of age with consent from household heads. Detailed explanations on the sampling framework, sample allocation, sampling procedures, sample probabilities, sampling weights, estimates of sampling errors, data collection and coding are well documented in the Malaria Indicator Survey report for Uganda 2018–2019 (32).

Study population, sample size and variable selection

A total of 45,767 respondents were included in the dataset among whom, 3,481 individuals resided in refugee settlements. From the 3,481 refugees, only 675 respondents who had malaria test results (i.e. positive or negative) from the RDT (i.e. outcome variable) were extracted. The BST results were not used due to significant missing values. The explanatory or independent variables extracted from the survey dataset were those factors which had the ability to potentially influence mosquito survival, biting, feeding, parasite development and breeding as captured in Table 1. These were grouped into demographic and social-economic risk factors, water, sanitation and housing, malaria prevention practices, knowledge on the causes and prevention of malaria. Variables extracted from the dataset were categorized as shown in Table 2.

Table 2
Selected explanatory variables that were used to predict malaria infections

Independent/ explanatory variables	Categories
<i>Socio- Demographic risk factors</i>	
Age of child	1) 0–15 2) 16–30 3) 31–45 4) Above 45
Age of head of household	1) 15–24 years 2) 25–34 years 3) 35–44 years 4) 45 and above
Sex of household head	1) Male 2) Female
Mother's educational level	1) No education 2) Primary 3) "O" level 4) "A" level 5) Tertiary 6) University
Number of Household members	1) 1–5 members 2) 6–10 members 3) Above 10 members
Household wealth	1) Poor 2) Medium 3) Rich
Owns livestock, herds	1) No 2) Yes
Type of cooking fuel used	1) Charcoal 2) Firewood 3) Straw/grass
Sources of drinking water	1) Open water sources 2) Boreholes 3) Public water taps 4) Tank water
Environmental related risk factors	
Time to get to water source (minutes)	1) 0–15 minutes 2) 16–30 minutes 3) Above 30 minutes
Type of toilet facility	1) Flush toilets 2) Ventilated improved pit latrines 3) Pit latrines with slabs 4) Open pit latrines 5) No toilet facility/Bushes

Independent/ explanatory variables	Categories
<i>Socio- Demographic risk factors</i>	
Main floor material	1) Earth floors 2) Dung floors 3) Cement floors
Main wall material	1) Thatch walls 2) Cardboard walls 3) Bricks with cement walls 4) Bricks with mud walls 5) Poles with mud walls
Main roof material	1) Thatch roofs 2) Tarpaulin roofs 3) Iron sheet roofs
Malaria prevention risk factors	
Has mosquito bed net for sleeping	1) No 2) Yes
Has dwelling been sprayed against mosquitoes in last 12 months	1) No 2) Yes
Has access to malaria medicine	1) Yes 2) No
Child slept in ITN	1) No 2) All children 3) Some children
Knowledge on the causes of malaria	
Mosquitoes bites	1) No 2) Yes
Eating maize	1) No 2) Yes
Eating mangoes	1) No 2) Yes
Poor hygiene	1) No 2) Yes
Standing water	1) No 2) Yes
Not sleeping under nets	1) Yes 2) No
Knowledge on avoiding malaria	
Sleeping under ITNs	1) Yes 2) No
Taking preventative medicines	1) Yes 2) No
Using mosquito repellent	1) Yes 2) No

Independent/ explanatory variables	Categories
<i>Socio- Demographic risk factors</i>	
Spraying with insecticide	1) Yes 2) No
Destroying breeding sites	1) Yes 2) No

Data analysis

Descriptive analysis was used to all study variables. Univariate logistic regression was used to estimate the Unadjusted Odds Ratio (UOR) of each independent variable. Those having p -value < 0.05 were included in the multivariate logistic regression using a backward stepwise strategy to estimate the Adjusted Odds Ratios (AOR) of the household variables in association with malaria infections. The analysis was conducted by JMP 13.

Results

Prevalence of malaria infections among children in refugee settlements

A total of 675 children below the age of five was used in this study, of which 29.6% were aged 0–15 months, 21.3% aged 16–30 months, 24.9% aged 31–45 months and 24.1% age 46–60 months. Figure 2 shows the prevalence of malaria infections among children in refugee settlements located in the nine hosting districts of Uganda.

Overall, the prevalence of malaria infections in all refugee settlements across the nine hosting districts was 36.6%. Malaria infections were higher in refugee settlements located in Isingiro (98.7%), Kyegegwa (58.6%) and Arua (57.4%) districts. The prevalence of malaria was low in refugee settlements located in Adjumani (19.2%) and Kiryandongo (7.7%) districts.

Determinants of malaria infections among children in refugee settlements

Table 3 presents the results from both univariate and multivariate analyses and highlights the significant risk factors (p -value < 0.05) associated with malaria infections among children in refugee settlements.

Table 3
Household level predictors of malaria infections among children in refugee settlements

Predictors (n= 675)	Total n (%)	Negative n (%)	Positive n (%)	UOR (95%CI)	p-value	AOR (95%CI)	p-value
Socio-demographic risk factors							
Age of child (months)							
1) 0–15	200 (29.6)	151 (75.5)	49 (24.5)	0.46 (0.29–0.73)	0.0008*	0.49 (0.30–0.82)	0.0061*
2) 16–30	144 (21.3)	104 (72.2)	40 (27.8)	0.55 (0.34–0.89)	0.0150*	0.59 (0.34–1.01)	0.0462*
3) 31–45	168 (24.9)	97 (57.7)	71 (42.3)	2.26 (1.45–5.52)	0.0003*	2.14 (1.32–3.47)	0.0021*
4) Above 45	163 (24.1)	96 (58.9)	67 (41.1)	2.15 (1.37–3.37)	0.0008*	2.01 (1.22–3.32)	0.0061*
Age of household head (years)							
1) 15–24 years	90 (13.3)	62 (68.9)	28 (31.1)	2.06 (1.63–2.61)	<.0001**	1.74 (1.08–2.79)	0.0219*
2) 25–34 years	312 (46.2)	210 (67.3)	102 (32.7)	0.49 (0.38–0.62)	<.0001**	0.57 (0.36–0.92)	0.0219*
3) 35–44 years	157 (23.3)	97 (61.8)	60 (38.2)	0.62 (0.45–0.85)	0.0003*	0.68 (0.39–1.17)	0.1660
4) 45 and above	116 (17.2)	79 (68.1)	37 (31.9)	0.76 (0.46–1.26)	0.2813	-	-
Sex of household head							
1) Male	268 (39.7)	166 (61.9)	102 (38.1)	1.7 (1.28–2.36)	<.0001**	1.45 (0.98–2.12)	0.0571
2) Female	407 (60.3)	282 (69.3)	125 (30.7)	0.57 (0.42–0.78)	<.0001**	0.69 (0.47–1.01)	0.0571
Mother's educational level							
1) No education	355 (52.6)	230 (64.8)	125 (35.2)	2.75 (1.42–5.32)	0.0003*	1.35 (0.92–1.96)	0.0205*
2) Primary	264 (39.1)	178 (67.4)	86 (32.6)	0.48 (0.37–0.62)	<.0001**	0.74 (0.51–1.08)	0.1116
3) "O" level	45 (6.7)	33 (73.3)	12 (26.7)	0.36 (0.19–0.70)	0.0002*	0.49 (0.65–3.43)	0.3483
4) "A" level	11 (1.6)	7 (63.6)	4 (36.4)	0.20 (0.18–22.1)	0.5714	-	-
No. of Household members							
1) 1–5 Members	197 (29.2)	133 (67.5)	64 (32.5)	1.9 (1.53–2.34)	<.0001**	1.04 (0.68–1.60)	0.8297
2) 6–10 Members	382 (56.6)	250 (65.4)	132 (34.6)	0.53 (0.43–0.65)	<.0001**	0.72 (0.40–1.30)	0.2802
3) Above 10 Members	96 (14.2)	65 (67.7)	31 (32.3)	0.48 (0.31–0.73)	<.0001**	1.38 (0.77–2.49)	0.3949
Household wealth status							
1) Poor	639 (94.7)	418 (65.4)	221 (34.6)	3.33 (1.34–8.30)	0.0097*	4.23 (1.19–14.9)	0.0251*
2) Rich	36 (5.3)	30 (83.3)	6 (16.7)	0.3 (0.12–0.75)	0.0097*	0.24 (0.06–0.83)	0.0251*
Owns livestock, herds							
1) No	443 (65.6)	294 (66.4)	149 (33.6)	0.66 (0.49–0.89)	0.0008*	0.72 (0.49–1.07)	0.1128
2) Yes	232 (34.4)	154 (66.4)	78 (33.6)	1.51 (1.11–2.04)	0.0008*	1.38 (0.93–2.05)	0.1128
Type of cooking fuel used							
1) Charcoal	97 (14.4)	79 (81.4)	18 (18.6)	0.54 (0.33–0.88)	0.0127*	0.18 (0.04–0.81)	0.0250*
2) Firewood	571 (84.6)	362 (63.4)	209 (36.6)	1.85 (1.14–3.00)	0.0113*	2.20 (1.17–4.15)	0.0143*
3) Straw/grass	7 (1.0)	3 (42.9)	4 (57.1)	8.43 (4.83–14.7)	<.0001**	2.51 (0.68–9.25)	0.0250*
Environmental related risk factors							
Sources of drinking water							
1) Open water sources	37 (5.5)	29 (78.4)	8 (21.6)	1.86 (1.01–3.22)	0.0044*	1.22 (0.08–0.59)	0.0029*
2) Boreholes	293 (43.4)	199 (66.8)	99 (33.2)	0.55 (0.31–0.98)	0.0046*	2.11 (0.91–4.89)	0.0189*
3) Public water taps	290 (43.0)	196 (67.6)	94 (32.4)	0.19 (0.11–0.35)	<.0001**	0.36 (1.01–5.53)	0.0482*
4) Water tanks	55 (8.1)	24 (48.0)	26 (52.0)	5.03 (2.83–8.92)	<.0001**	4.47 (1.67–11.9)	0.0029*
Walk time distance to water sources							
1) 0–15 minutes	337 (49.9)	232 (68.8)	105 (31.2)	2.10 (1.54–2.88)	<.0001**	1.68 (1.11–2.56)	0.0149*

Predictors (n = 675)	Total n (%)	Negative n (%)	Positive n (%)	UOR (95%CI)	p-value	AOR (95%CI)	p-value
Socio-demographic risk factors							
Age of child (months)							
2) 16–30 minutes	180 (26.7)	122 (67.8)	58 (32.2)	0.47 (0.35–0.650)	< .0001**	0.77 (0.48–1.23)	0.0817*
3) Above 30 minutes	158 (23.4)	94 (59.5)	64 (40.5)	0.68 (0.49–0.94)	0.0018*	0.59 (0.39–0.90)	0.0149*
Type of toilet facility used							
1) Pit latrines with slabs	372 (55.1)	236 (63.4)	136 (36.6)	1.44 (1.03–2.01)	0.0305*	1.48 (1.03–2.13)	0.0332*
2) Open pits	270 (40.0)	196 (67.6)	94 (32.4)	8.03 (4.77–13.5)	< .0001**	6.67 (0.47–0.97)	0.0332*
3) No toilet/Bushes	33 (4.9)	16 (48.5)	17 (51.5)	5.58 (3.52–8.83)	< .0001**	3.29 (1.54–7.05)	0.0021*
Nature of main floor material							
1) Earth floors	533 (79.0)	345 (64.7)	188 (35.3)	0.30 (0.19–0.47)	< .0001**	0.65 (0.33–1.29)	0.2197
2) Dung floors	110 (16.3)	77 (70.0)	33 (30.0)	0.38 (0.19–0.76)	0.0057*	0.86 (0.19–3.75)	0.8367
3) Cement floors	32 (4.7)	26 (81.3)	6 (18.8)	3.32 (2.11–5.23)	< .0001**	1.79 (0.48–6.68)	0.3873
Nature of main wall material							
1) Thatch walls	243 (36.0)	153 (63.50)	88 (36.5)	9.21 (2.44–34.7)	< .0001**	4.50 (0.11–56.0)	0.0109*
2) Cardboard walls	16 (2.4)	7 (43.8)	9 (56.3)	3.09 (1.13–8.42)	0.0024*	2.30 (1.39–13.2)	0.0386*
3) Bricks with cement	16 (2.4)	12 (75.0)	4 (25.0)	0.11 (0.02–0.88)	0.0029*	0.39 (0.07–8.93)	0.5626
4) Bricks with mud walls	400 (59.3)	274 (68.5)	126 (31.5)	0.26 (0.09–0.70)	0.0017*	0.64 (0.10–7.83)	0.6374
Nature of main roof material							
1) Thatch roofs	420 (62.2)	264 (62.9)	156 (37.1)	1.47 (1.03–2.09)	0.0033*	2.12 (0.94–4.79)	0.0007*
2) Tarpaulin roofs	147 (21.8)	99 (67.3)	48 (32.70)	0.68 (0.48–0.97)	0.0037*	0.47 (0.21–1.07)	0.0007*
3) Iron sheet roofs	108 (16.0)	85 (78.7)	23 (21.3)	0.87 (0.53–1.42)	0.5756		
Malaria prevention risk factors							
Using mosquito bed-nets							
1) No	103 (15.3)	63 (61.2)	40 (38.8)	2.89 (2.11–3.95)	< .0001**	1.15 (0.43–3.13)	0.0031*
2) Yes	572 (84.7)	385 (67.3)	187 (32.7)	0.35 (0.25–0.47)	< .0001**	0.86 (0.32–2.35)	0.0031*
Sprayed against mosquitoes							
1) No	673 (99.7)	446 (66.3)	227 (33.7)	3.79 (2.76–5.23)	< .0001**	8.04 (2.47–26.2)	0.0005*
2) Yes	2 (0.3)	2 (100)	0 (0.0)	0.26 (0.19–0.36)	< .0001**	0.12 (0.04–0.40)	0.0005*
Child sleeping under ITN							
1) No	169 (25.0)	108 (63.9)	61 (36.1)	1.76 (1.24–2.50)	0.0017*	1.30 (0.58–2.49)	0.0451*
2) All children	376 (55.7)	257 (68.4)	119 (31.6)	0.57 (0.39–0.81)	0.0017*	0.77 (0.34–1.73)	0.0421*
3) Some children	127 (18.8)	82 (64.6)	45 (35.4)	2.12 (1.46–3.09)	< .0001**	1.33 (0.69–2.57)	0.3855
Has access to malaria medicine							
1) No	635 (94.1)	412 (64.9)	223 (35.1)	5.88 (2.03–17.0)	0.0011*	4.84 (1.82–12.8)	0.0016*
2) Yes	40 (5.9)	36 (90.0)	4 (10.0)	0.17 (0.06–0.49)	0.0011*	0.21 (0.08–0.55)	0.0016*
Knowledge on the causes of malaria							
Mosquito bites							
1) No	520 (77.0)	347 (66.7)	173 (33.3)	1.45 (1.07–1.97)	0.0155*	1.09 (0.79–1.51)	0.0051*
2) Yes	155 (23.0)	101 (65.2)	54 (34.8)	0.69 (0.51–0.93)	0.0155*	0.91 (0.66–1.26)	0.0051*
Eating maize							
1) No	666 (98.7)	441 (66.2)	225 (33.80)	0.27 (0.19–0.38)	< .0001**	0.34 (0.13–0.89)	0.0276*
2) Yes	9 (1.3)	7 (77.8)	2 (22.2)	3.65(2.65–5.00)	< .0001**	2.96 (1.13–7.75)	0.0276*

Predictors (n = 675)	Total n (%)	Negative n (%)	Positive n (%)	UOR (95%CI)	p-value	AOR (95%CI)	p-value
Socio-demographic risk factors							
Age of child (months)							
Eating mangoes							
1) No	660 (97.8)	436 (66.1)	224 (33.9)	0.29 (0.21–0.39)	<.0001**	0.82 (0.31–2.14)	0.0483*
2) Yes	15 (2.2)	12 (80.0)	3 (20.0)	3.46 (2.52–4.75)	<.0001**	1.22 (0.47–3.19)	0.0438*
Standing water							
1) No	639 (94.7)	422 (66.0)	217 (34.0)	1.33 (0.63–2.82)	0.4464	-	-
2) Yes	36 (5.3)	26 (72.2)	10 (27.8)	0.75 (0.35–1.58)	0.4464	-	-
Poor hygiene							
1) No	613 (90.8)	405 (66.1)	208 (33.9)	1.16 (0.66–2.04)	0.6020	-	-
2) Yes	62 (9.2)	43 (69.4)	19 (30.6)	0.86 (0.48–1.51)	0.6020	-	-
Not sleeping under nets							
1) No	639 (94.7)	424 (66.4)	215 (33.6)	1.01 (0.49–2.07)	0.9691	-	-
2) Yes	36 (5.3)	24 (66.7)	12 (33.3)	0.99 (0.48–2.00)	0.9691	-	-
Knowledge on ways to avoid malaria							
Malaria can be avoided							
1) No	99 (14.7)	64 (64.6)	35 (35.4)	2.68 (1.96–3.66)	<.0001**	2.14 (1.29–3.55)	0.0031*
2) Yes	576 (85.3)	384 (66.7)	192 (33.3)	0.37 (0.27–0.51)	<.0001**	0.47 (0.28–0.77)	0.0031*
Sleeping under the net							
1) No	619 (91.7)	412 (66.6)	207 (33.4)	1.99 (1.47–2.70)	<.0001**	1.61 (1.16–2.23)	0.0038*
2) Yes	56 (8.3)	36 (64.3)	20 (35.7)	0.50 (0.37–0.68)	<.0001**	0.62 (0.45–0.86)	0.0038*
Using mosquito repellents							
1) No	672 (99.6)	446 (66.4)	226 (33.6)	1.01 (0.09–11.2)	0.9913	-	-
2) Yes	3 (0.4)	2 (66.7)	1 (33.3)	0.99 (0.08–10.9)	0.9913	-	-
Spraying with insecticides							
1) No	665 (98.5)	439 (66.0)	226 (34.0)	4.63 (0.59–36.8)	0.1470	-	-
2) Yes	10 (1.5)	9 (90.0)	1 (10.0)	0.22 (0.02–1.71)	0.1470	-	-
Destroying breeding sites							
1) No	610 (90.4)	395 (64.8)	215 (35.2)	2.40 (1.26–4.59)	0.0080*	1.99 (1.44–2.76)	<.0001*
2) Yes	65 (9.6)	53 (81.5)	12 (18.5)	0.42 (0.22–0.79)	0.0080*	0.50 (0.36–0.69)	<.0001*

UOR = Unadjusted Odd ratio, AOR = Adjusted Odd ratio. *statistical significance at P -value < 0.05; ** high statistical significance at P -value < 0.01. Dashes indicate that the predictors were excluded from the multivariate regressions. All p -values are within the limits of 95% confidence interval (CI).

Demographic and social-economic risk factors

Significant factors associated with malaria infection risk among children in the refugee households were children's age, age of household head, household wealth status, mother's level of education, and type of cooking fuel. The results suggest that the odds of contracting malaria were significantly higher in refugee households whose children were aged 31–45 months (AOR = 2.14, 95% CI = 1.32–3.47) and above 45 months (AOR = 2.01, 95% CI = 1.22–3.32) compared to those households whose children were under 31 months. Households whose heads were aged between 15–24 years were 1.74 times (AOR = 1.74, 95% CI = 1.08–2.79) more likely to have their children getting malaria infections than those whose heads were 25 years and above. Refugee households with mothers with no education were 1.35 times (AOR = 1.35, 95% CI = 0.92–1.96) more likely to have their children contracting malaria compared to households with educated mothers. Poor households were 4.23 times (AOR = 4.23, 95% CI = 1.19–14.9) more likely to have their children at risk of malaria infections compared to rich households. Households which used firewood and straw for cooking were 2.20 (AOR = 2.20, 95% CI = 1.17–4.15) and 2.51 (AOR = 2.51, 95% CI = 0.68–9.25) times more likely to have their children contracting malaria respectively compared to households which used charcoal for cooking ($p < 0.05$).

Environmental malaria risk factors

Households whose main sources of domestic water were open water sources, boreholes and water tanks, were 1.22 (AOR = 1.22, 95% CI = 0.08–0.59), 2.11 (AOR = 2.11, 95% CI = 0.91–4.89) and 4.47 (AOR = 4.47, 95% CI = 1.67–11.9) times more likely to have their children contracting malaria respectively, compared to households which fetched water from public water taps ($p < 0.05$). Walk time distance to water sources of 0–15 minutes was associated with significantly higher odds of getting malaria among children (AOR = 1.68, 95% CI = 1.11–2.56) compared to walk time distance above 15 minutes. Households which used pit latrines with slabs and those without any toilet facility or used bushes were 1.48 (AOR = 1.48, 95% CI = 1.03–2.13) and 3.29 (AOR = 3.29, 95% CI = 1.54–7.05) times more likely to have their children obtaining malaria ($p < 0.05$). Using open pits also increased the risk for malaria infections (AOR = 6.67, 95% CI = 0.47–0.97). From Table 3, it is further indicated that households whose walls were constructed using thatch and cardboard were 4.50 (AOR = 2.50, 95% CI = 0.11–56.0) and 2.30 (AOR = 2.30, 95% CI = 1.39–13.2) times more likely to have their children contracting malaria compared to households whose walls were built with brick and cement or mud ($p < 0.05$). Additionally, households with thatch roofs were 2.12 (AOR = 2.12, 95% CI = 0.94–4.79) times more likely to have their children contracting malaria compared households with roofs constructed of tarpaulins and iron sheets.

Malaria prevention risk factors

From Table 3, it is clearly indicated that households which did not have ITNs or sprayed their households with insecticides, were 1.15 (AOR = 1.15, 95% CI = 0.43–3.13) and 8.04 (AOR = 8.04, 95% CI = 2.47–26.2) times more likely to have their children contracting malaria compared to households which had implemented these preventive interventions. Further, households whose children did not sleep under ITNs were associated with significantly higher risk of malaria infection in children (AOR = 1.30, 95% CI = 0.58–2.49) compared to those households whose children slept under ITNs. Households which did not have access to malaria preventive medicine were 4.84 (AOR = 4.84, 95% CI = 1.82–12.8) more likely to have their children getting malaria compared to those households which had access.

Risk factors associated with knowledge on malaria transmission and prevention

Households which did not know that mosquito bites caused malaria were 1.09 (AOR = 1.09, 95% CI = 0.79–1.51) times more likely to have their children contracting malaria compared to those which knew. Households which indicated that eating maize and mangoes as the causes of malaria were 2.96 (AOR = 2.96, 95% CI = 1.13–7.75) and 1.22 (AOR = 1.22, 95% CI = 0.47–3.19) times more likely to have their children contracting malaria respectively compared to those households which knew the actual causes ($p < 0.05$). Households which indicated that malaria could not be avoided were 2.14 (AOR = 2.14, 95% CI = 1.29–3.55) times more likely to have their children contracting malaria. The odds of children contracting malaria were high in households which did not know that sleeping under the net (AOR = 1.61, 95% CI = 1.16–2.23) and destroying breeding sites (AOR = 1.99, 95% CI = 1.44–2.76) were the ways of avoiding malaria

Discussion

Uganda is located in an unstable region where conflicts continue to generate significant number refugees into the country. The concentration and crowding of refugees in settlement camps in Uganda is a fertile ground for malaria transmission within these settings and hosting communities. Despite their refugee status, malaria prevention and elimination programs in Uganda should embrace the principle of 'leaving no one behind' which is promoted by the United Nations. This study aimed at providing an overview of the determinants for malaria risk among children in refugee settlements using the nationally representative malaria data. The strength of this study is therefore largely premised on the generalisations arising from the use of this type of dataset. One implication of the study findings is that the national malaria control programs that do not consider refugee settlements are unlikely to have major impacts in eliminating malaria in Uganda by 2030.

Although other studies indicated that infants less than 12 months of age were the most vulnerable groups to be affected by malaria (44–46), the results of this study suggested that households with children aged 31 months and above were more likely to have their children contracting malaria in refugee settlements. There are several potential reasons for the difference. Refugee settlements are distinct and complex with people coming from diverse social-cultural and economic backgrounds. Thus, little is known of the neonatal and infant care practices, social norms, and behavioral patterns adopted by refugees to reduce malaria infections and other diseases. The high risk of malaria infection in children aged 31 months and older could, however, be attributed to the fact that at this age, the children were more active (i.e. crawling, walking, removing clothes, uncovering during sleep etc.), making them more susceptible to mosquito bites. Moreover, during this age, most of children are weaned when they have not yet acquired natural immunity to manage or fight high parasite density (47). Other studies have linked malaria risk among children between 24 to 60 months to malnutrition, although the evidence remains inconclusive (48). The shift in age groups at high risk of malaria as observed from children aged 31 months and above in this study, suggests the need to expand prevention and free treatment strategies for older children in order to cover the peak transmission months in refugee settlements.

The odds for contracting malaria among children were significantly higher among households headed by refugees aged 15–24 years. This is due to in part that refugees aged 15–24 years are within the category of 'child and young migrants' and may not have adequate knowledge about child care, malaria transmission and prevention and at the same time, may lack financial resources and support for malaria prevention measures and treatment. This study further revealed that increase in the age of household head reduced the odds of malaria infections in children. This result is contrary to other studies conducted in Nigeria (49) and SSA which indicate that increase in ages of both male and female head of household increased the odds of malaria prevalence among children under five years of age (37, 38). This contradiction can be explained by the population variations and age dynamics between refugee and non-refugee settlements. Moreover, such studies never considered refugee settlements yet context specific behavioural and social cultural information are key to understanding the interactions that propel the risks for malaria within these local dynamic settings.

The result of this study shows that lack of education among mothers was significantly associated with a risk of malaria among children compared to those households with educated mothers. This result is consistent with findings from other studies (21, 37, 38, 49). Since mothers are at the core of family welfare and wellbeing, their level of education is an essential social determinant of health and influences their ability to make better decisions about the health of

children. Since adult literacy programmes for mothers in refugee settlements are rare, larger scale health promotional campaigns focusing on malaria diagnosis, prevention, and treatment are required. Such health education campaigns have worked well in endemic communities where knowledge about malaria and newer interventions are often lacking (43). For example, a study conducted in Ethiopia indicated that children whose parents received training and awareness about use of ITNs were found to be at a lower risk of malaria infection compared to those who did not have any training (38). The findings of this study further suggest that poor households were more likely to have their children contracting malaria. This result is in line with other study findings (43, 45). The cost of malaria diagnosis, treatment and prevention may seem high for the poor households who face other constraints and daily expenses. Distribution of ITN, conducting IRS and destruction of mosquito breeding sites are options that need to be explored in refugee settlements.

Although smoke from biomass cooking is often associated with reduced mosquito abundance and malaria transmission (50), the results of this study indicated that households which used firewood and straw for cooking were more likely to have their children contracting malaria compared to households which used charcoal. This result is consistent with other studies (51). There are potential reasons to this finding. Women and children in refugee settlements gather much of the firewood used in their households and this exposes them to frequent mosquito bites in the forests and bushes where firewood is obtained. Besides, firewood piles near households serve as daytime hiding place for mosquitoes. Additionally, the shift in mosquito behavior from indoor late-night biting to outdoor early-evening biting (52, 53) coincides well with the major outdoor cooking activities in most refugee homesteads. Some studies in non-refugee settlements, however, indicate no association between outdoor cooking practices and malaria infections among children (54). Nevertheless, epidemiological modelling (13) is required to better understand the relationships between cooking practices, cooking fuel emissions, mosquito activity and risk of malaria acquisition among children in refugee settlements. Such modelling can be vital in supporting appropriate malaria prevention messaging and evidence based decision making in this context. Although charcoal use was associated with reduced malaria risk, it is one of the fundamental drivers of deforestation in refugee hosting districts and beyond, thus, its use in malaria control programs is not advisable in both short and long run.

This study found out that households which obtained water from open water sources and water tanks were more likely to have their children contracting malaria. This result is consistent with other studies (37, 38, 43). This is likely due to several reasons. First, open water sources like rivers, ponds, lakes, swamps, dams, wells and springs serve as meeting places for humans and mosquitoes. Given the fact that mothers and children fetch most of the water from these sources, the chances of mosquito bites are high. Second, these water sources are potential oviposition sites which are crucial for reproductive success and population dynamics of mosquitoes (55). Third, these open water sources shorten the gonotrophic cycle (56) especially when located near refugee households. Water tanks as a key malaria risk factor is not surprising because they act as breeding sites for mosquitoes. Households which obtained water from boreholes and public water taps were less likely to have their children contracting malaria, although other studies indicated the opposite (15, 57). This study also revealed short walk time distance (0–15 minutes) to water sources was one of the risk factors for malaria among children. This result is in line with other studies focusing on malaria infections and distance to water sources (58, 59). Although distant water sources were associated with reduced malaria risk, this result should not hamper efforts geared to improve water access in refugee settlements. This is because reducing the time to fetch water has been observed to improve child health (60). Thus, given the land use and land cover changes within refugee settlements, environmental management practices such as draining stagnant water, dredging water channels, clearing vegetation among others, should be applied to water sources to reduce mosquitoes breeding and survival.

Regarding sanitation, households which had pit-latrines and those without any toilet facility were more likely to have their children contracting malaria. This result not surprising because mosquitoes have overtime started changing their breeding preference to contaminated surroundings (61). Similar findings have been observed in other studies (21, 37, 57, 59). Based on this finding, interventions need to be strengthened so that pit-latrines which are commonly used within refugee settlements are vector borne free. For example, mosquitoes in pit-latrines can be suppressed when expanded polystyrene beads are used.

Regarding housing structure, this study revealed that the odds of malaria infections increased among children living in houses with grass thatch roofs, thatch and cardboard walls. This result is consistent with a systematic review meta-analysis study on socioeconomic determinants of malaria burden in SSA (38). Walls made up with thatch and cardboards allow mosquitoes to enter into households with ease (42). Additionally, thatch provides conducive indoor resting grounds for mosquitoes since there are associated with cool temperatures which can sustain survival of mosquitoes indoors (62). Thus, the choice of building materials for house construction in refugee settlements should be carefully selected to minimize malaria risk. For example, this study revealed that households with brick walls and iron sheet roofs were less likely to have their children contracting malaria, although the odds were not significant. However, a recent study conducted in SSA (63) revealed that metal-roofed houses contributed to the decline in malaria burden, since they were associated with higher temperatures and lower humidity which reduced survivorship of indoor-resting mosquitoes.

The odds of contracting malaria among children were significantly higher in households which did not have ITNs, spray against mosquitoes or lacked access to malaria prevention medicines. Some studies reported similar results (21, 38, 49). Although our study indicated that ITNs and IRS were effective in reducing the risk for malaria, there are limited in scope and efficacy. For example, IRS intervention apply to mosquitoes which feed and rest indoors, while ITNs prevent night mosquito bites just around the beds. This limitation provides opportunities for outdoor active mosquitoes to multiply while sustaining some level of transmission beyond the reach of ITNs and IRS. Additionally, in some cases, mosquitoes have developed resistance to pyrethroids used in ITNs and IRS (64). Moreover, their continued use has led to an apparent shift in mosquito behavioural traits (i.e. insecticide avoidance and early-exit behaviours among indoor-feeding vectors) (65). Despite these protection gaps, promotion of ITNs and IRS should continue in refugee settlements. Moreover, since mothers in refugee settlements engage in various outdoor activities at night (21), provision of nets for outdoor spaces in combination with IRS may be an additional strategy to effectively reduce the incidence of malaria among children. The effectiveness and efficacy of ITNs and IRS can be improved and strengthened by promoting environmentally based interventions which reduce mosquito survival and human-vector contact. However, there is a need for continued formative research and strong collaboration between the scientific community and other stakeholders to coordinate malaria elimination strategies that are adapted to the local social context of refugee settlements.

The results of this study suggest that households which did not know the causes and prevention of malaria were more likely to have their children contracting malaria. This result is consistent with a systematic review on studies conducted in Southeast Asia where it was observed that poor knowledge and awareness about malaria transmission was related to some families using nets for reasons other than malaria prevention, such as fishing and for warmth (43). Similar results are reported from SSA especially among the rural and uneducated individuals (38, 39, 66). The finding of our study underscores the need for more education, training and communication initiatives to complement delivery of integrated malaria programmes that include mass malaria drug administration in refugee settlements.

Conclusions

Malaria infections among children continue to circulate in many refugee settlements in Uganda. Based on the 2018-19 UMIS dataset, this study identified the risk factors for malaria infections among children which need special attention within the framework of humanitarian assistance. Refugee households which used firewood and straw for cooking, fetched water from open water sources and water tanks were more likely to have their children contracting malaria. In addition, households which used pit latrines and those without any toilet facility were more likely to have their children getting malaria infections. The odds of contracting malaria among children also increased in households with thatch walls and roofs, those without preventive measures and those which had limited knowledge on the causes and prevention of malaria. This study highlights potential research gaps about ITNs and IRS protection inadequacies, malaria disease and intervention knowledge among others which require further investigation. On the basis of the results the following recommendations are made. Since ITN and IRS have potential protection gaps, their combination with environmental management interventions should be the focus of special attention in refugee settlements. We further recommend the distribution of mosquito repellents and outdoor mosquito nets for use during out-door activities at night. There is need to focus on the sociocultural differences of refugee and how these translate into social norms and behavioural patterns that could affect access and behaviours towards malaria diagnosis, treatment, and prevention measures. Large scale health promotion campaigns focusing on the causes of malaria, symptoms, and treatment and prevention measures are required. Strategies to reduce inequities and poverty among refugees may help to reduce the burden of malaria in settlements. Promotion of renewable indoor cooking fuels such as gas, solar and electricity can be promoted in refugee settlements to reduce on the risk of malaria. Future studies can examine the impact of additional factors on the risk for malaria that have not been studied here.

Abbreviations

AOR: Adjusted Odds Ratio; BST: Blood Smear Test; CI: Confidence interval; COVID-19: Coronavirus disease; DHS: Demographic and Health Surveys; IRS: Indoor Residual Spraying; ITNs: Insecticide-Treated Bed-nets; UOR: RDT: Rapid Diagnostic Test; Unadjusted Odds Ratio; UMIS: Uganda Malaria Indicator Survey, WHO: World Health Organization.

Declarations

Ethics approval and consent to participate

This study was conducted in accordance with the ethical principles stated in the Helsinki Declaration. The launch of MIS (phase DHS-VII) data collection was conditional on the authorisation of the National Statistical Council and the approval of the National Committee on Health Research Ethics. During data collection, the informed consent of eligible respondents was sought before starting the interviews. The dataset used was fully anonymised.

Consent for publication

Not applicable.

Availability of data and materials

The data used in this study can be obtained by sending a request via the DHS Program website and upon approval data can be obtained from https://dhsprogram.com/data/dataset/Uganda_MIS_2018.cfm?flag=1

Competing interests

Neither of the authors discloses any potential or actual conflict of interest. No financial or nonfinancial benefits have been or will be received from any party related directly or indirectly to the subject of this article.

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Authors' contributions

H.M.S. contributed to conceptualisation, methodology, data acquisition, formal analysis, visualisation, validation, preparation, revision and editing of the original draft. S.L. participated in conceptualisation, methodology, validation, revision of the original draft and supervision. P.I.M, F.M, M.S, D.N, H.W and P.K helped with the conceptualisation, revision of the original draft. All authors approved the final manuscript. All authors read and approved this version of the manuscript.

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Figures

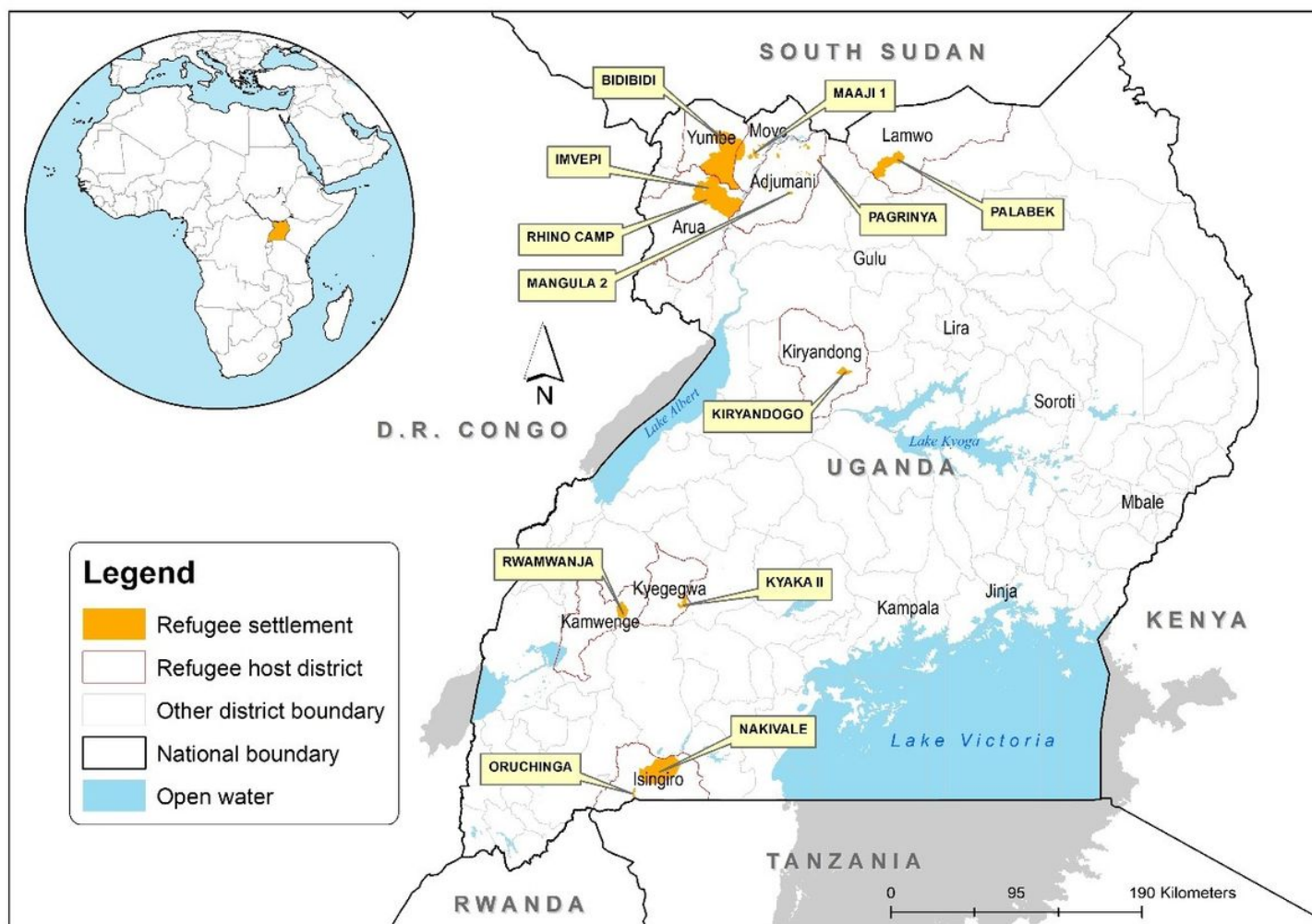


Figure 1

Refugee hosting districts in Uganda

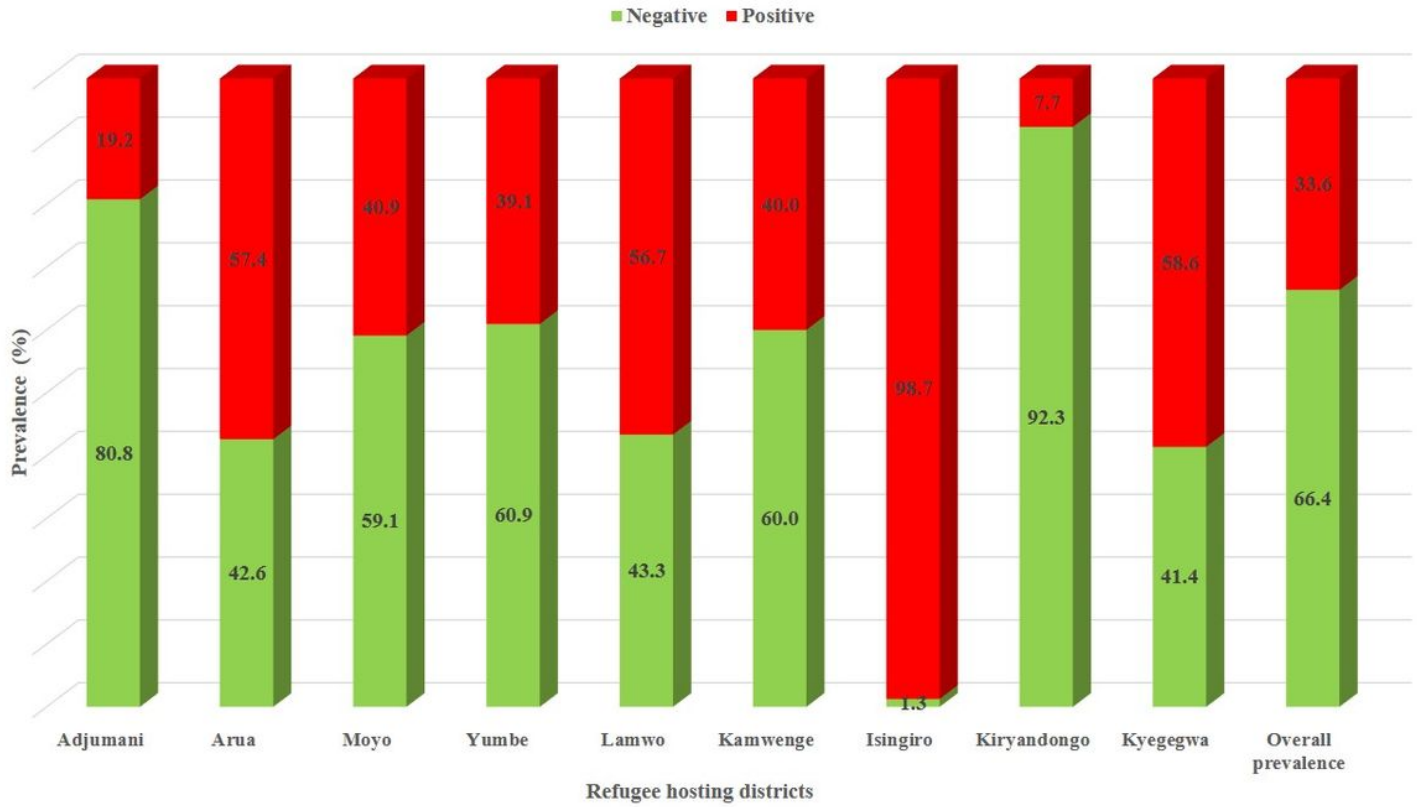


Figure 2

Prevalence of malaria infections among the screened children in refugee settlements