Research Article

Extent and Rate of Deforestation and Forest Degradation (1986–2016) in West Bugwe Central Forest Reserve, Uganda

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Understanding the extent of land cover change and the forces behind land cover changes is essential in designing appropriate restoration strategies. Land cover changes at local scales or the factors that lead to cover change have not been documented for much of Uganda. We undertook this study in West Bugwe Central Forest Reserve (WBCFR) to fill this gap. We used remote sensing to determine land cover changes for a 30-year period, 1986–2016, and an interview survey to investigate the drivers of these changes. Our results show that the forest in this reserve has declined extensively by over 82% from 1,682 ha to 311 ha corresponding to an average change of −1.18% per year. The wetland has also been extensively degraded. Both the forest and wetland have transitioned into shrub land. The key drivers that have been highlighted by the survey are poverty (86%), population growth (56%), and associated harvesting of woody products (86%) for subsistence and income generation. We conclude that the forest in WBCFR has been extensively and rapidly deforested and degraded by humans.

1. Introduction

Forests are vital to human wellbeing and for environmental health. They sustain human livelihoods by providing important goods such as medicines, edible fruits, game meat, and incomes for more than a billion people [1]. Over 3 billion cubic meters of wood are harvested annually from forests for use as fuelwood and shelter. About 2.4 billion people cook with wood fuel [1], and at least 1.3 billion people rely on forest products for shelter [2]. Forests also support industries, formally employing about 13.2 million people across the world and informally at least another 41 million [2]. Similarly, forests provide about 20% of income for rural households in developing countries [1, 3]. They also provide cultural services that include spiritual wellbeing. Lastly, forests safeguard the environment by providing regulating services such as carbon sequestration that is vital for climate change mitigation. This mitigation function is believed to be cheaper than those in other sectors [4].

Forests over most of sub-Saharan Africa are subject to deforestation and degradation through conversion into other vegetation or land cover forms [5]. Deforestation involves clearance of stand of trees from land which is then converted to nonforest use such as farm, ranches, or urban use. Forest degradation involves a reduction or loss of biological or economic productivity and complexity of forest ecosystems resulting in long-term reduction of overall supply of benefits from forest which includes wood, biodiversity, and other products or services [6]. In the period 1990–2015, total global forest cover reduced by 3%, from 4128 Mha to 3999 Mha [7]. Forest loss is the greatest in the tropics particularly Africa. In 1990–2015, 7 million hectares of forest were lost in the tropical region [5]. In Uganda, forest cover has been declining, noticeably between 1990 and 2015 [8]. Uganda's forest cover dropped from 4.9 million hectares in 1990 to 3.6 million and 1.9 million hectares in 2005 and 2015, respectively [9]. Forests in Uganda have been subjected to land cover transitions including agriculture,

grassland, pasture land, agroforestry, shrubland, and urban encroachments [10].

Factors that threaten forests are many, chief among which are land use change and associated land cover alterations [11]. Deforestation and degradation are results of both proximate and underlying drivers [10]. Proximate causes of deforestation include human activities with direct impacts on forest cover, such as agricultural expansion, urban growth, infrastructure development, and mining [11]. Humans clear tracts of forests to get land for agriculture [12]. In terms of scale, proximate drivers are seen to operate at the local level [13].

The underlying causes of deforestation relate to macrolevel interactions of economic, demographic, technological, social, cultural, and political factors that may operate at some distance from the forests they affect such as lack of land use planning and ineffective law enforcement [13, 14]. Underlying causes stem from multiple scales: international (e.g., commodity markets and commodity price dynamics) and national (e.g., economic developments strategies, population growth, governance and local circumstances such as poverty and unclear land tenure) [14]. A significant economic factor is that of global markets for commodity crops, such as palm oil and cocoa [12, 15]. Commodity crop growing is expanding in all parts of the world. In Uganda, it grew by 69.1% between 2000 and 2013 [15]. The growth of commodity and other agricultural crops requires much land. The land required to grow these crops comes from forests [11]. According to Gibbs et al. [16], 55% of new land for the growth of commodity crops was carved from intact forests between 1980 and 2000. A further 28% came from disturbed forests. Worldwide, the demand for agricultural products is expected to increase by 50%, and most of this land is going to come from forests. These factors are not uniform and vary between and within sites. For this reason, local scale drivers of land cover change must be determined in order to design appropriate interventions.

Uganda's protected areas are under increasing threats from deforestation and degradation, owing to an increasing human population [17, 18]. However, there is currently little work that has assessed land cover change (LCC) for most forested areas in Uganda, and we lack information on the extent and rate of forest loss at local levels [10, 18]. A few studies have been conducted in western Uganda concerning LCC. One such study was conducted in Budongo and Bugoma Forest Reserves [19] and showed that there was a 10.7% loss in total forest cover at the landscape scale between 1985 and 2014. Another study in Bwindi Impenetrable National Park [20] showed that while the forest declined by close to 8%, small-scale agriculture had expanded by 13.9%. Otieno and Buyinza [21] looked at the role of collaborative forest management as a strategy to control deforestation in WBCFR. Further still, Otieno et al. [22] tried to assess the domestic uses of forest resources in WBCFR, the illegalities in the reserve, and the interventions of curbing those illegal activities. This study complements these earlier studies. The study was conducted in West Bugwe Central Forest Reserve (WBCFR) found in eastern Uganda. The objectives for this study were to assess LCC for WBCFR and the drivers influencing the change.

2. Study Area and Methods

West Bugwe Central Forest Reserve (WBCFR) is found in eastern Uganda between 00°28′30–0°35′30N and 33°54′30″–35°5′0″E (Figure 1). The reserve covers a total area of 3,780 hectares and has three management blocks, namely, Central block (2,995 ha), Amonikakinei (158 ha), and Sitambogo (627 ha). The reserve is approximately 21 km from Busia town and close to the border between Uganda and Kenya. It is located within three administrative jurisdictions, namely, Busitema, Bulumbi, and Buyanga subcounties. All three subcounties are in Samia Bugwe North County, Busia district. The reserve is bisected by the Kampala–Malaba highway. The topography of the reserve is generally flat, at an altitude of 1000–1235 m above the sea level. The reserve is described as moist *Combretum* wooded grassland.

The local community surrounding the reserve subsists on agricultural production with 69% of the population dependent on crop agriculture for their livelihood, while 27% depends on wage employment [23]. The community also engages in charcoal burning for income generation, as well as mining and quarrying activities. Most of the households (94%) in the community depend on fuelwood for cooking. The population density is high with 440 people/km^2 and has been growing at a rate of 2.7% per annum. In 2014, Busia had a population of 323,662 compared to 225,008 in 2002 [24]. Most of the population is young, with 62% less than 20 years of age. The community has low levels of formal education. This suggests a high dependence on the reserve for subsistence and income generation [25].

3. Methods

To determine the land cover changes in WBCFR, an image time series analysis was conducted to establish the various land cover classes and the transitions between the different classes for the period 1986–2016. The main activities undertaken under land cover change analysis were image acquisition, ground truthing, image classification, accuracy assessment, and land cover change detection analysis. We used a social survey approach to determine the drivers for land cover change (LCC).

3.1. Image Acquisition and Ground Truthing. Cloud free images (path 170 and row 060) were downloaded from https://www.earthexplorer.usgs.gov. The United States Geological Survey website provides an option to choose the level of cloud cover. We were therefore able to select images with cloud cover less than 10%. All the images were for wet seasons (March-April). The images together with their dates of acquisition are Landsat MSS (31/03/1986), Landsat TM (02/04/1995), Landsat ETM+ (06/03/2006), and Landsat OLIS/TIRS (11/04/2016). We intended to have an image acquired in 1996; however, this was not available. The
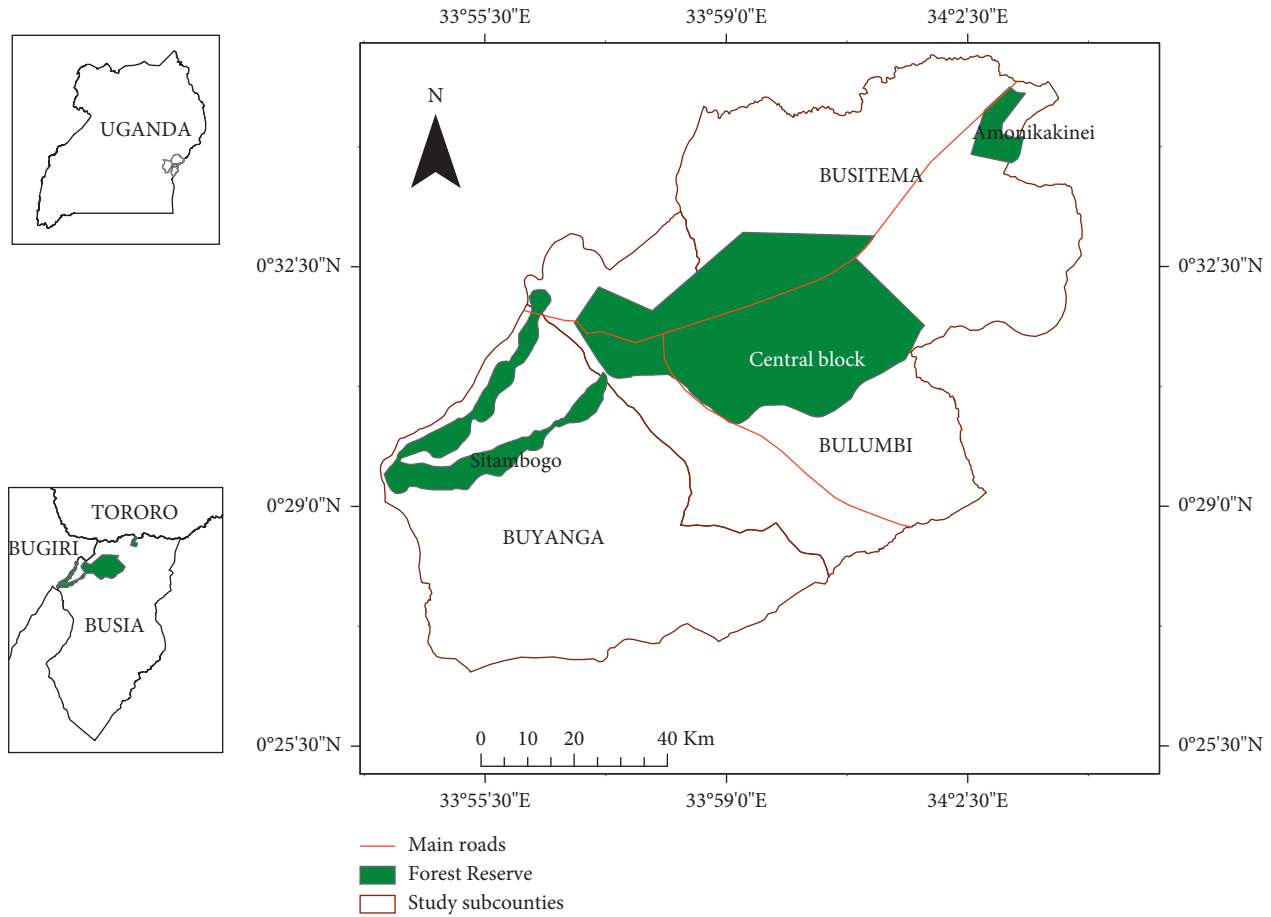
FIGURE 1: West Bugwe Central Forest Reserve. Inset is location of WBCFR within Busia district (lower panel on the left) and in Uganda (top panel on the left).

use of a 10-year range was considered appropriate for change assessment from Landsat images. This is found in other previous related studies, which are based on longer time series [20, 26, 27]. All Landsat 7 images collected after May 31, 2003, have gaps because the scan line corrector failed. However, these data are still useful and maintain the same radiometric and geometric corrections as data acquired prior to the scan line corrector failure. Using the "Fill no data" function, gap filling was done in QGIS 3.14 to rectify the scan collector problem in ETM+2006 prior to image classification. The data to fill the gaps were obtained from the gap mask that was contained in the image of 2006.

The ground truthing was aimed at obtaining data for running supervised land cover classification and accuracy assessment of the resulting maps. In preparation for ground truthing, unsupervised classification was carried out on the 2016 Landsat OLIS/TIRS (17/08/2016) image using ERDAS Imagine® 2014 software. This classification was informed by field experience and existing maps on land cover and land use [28] and was based on the widely accepted red, green, and blue (432) image bands false color composite for vegetation discrimination. A random function was used in ArcMap 10.4, where the forest reserve was divided into 1 square kilometer grids. The grids were labelled, and the first 200 grids were selected to be visited during the ground

truthing exercise to establish the existing land cover classes. While in the field, 120 points were accessed and characterized.

The vegetation strata (spectral classes of the 2016 dataset) were used as the basis for selecting data collection sampling sites. The sampling sites for land cover data collection were selected using stratified random sampling. Twenty sampling points were randomly established in each of the six strata to make a total of 120 sampling points (Figure 2). At each point, a 30 × 30 plot was established. The vegetation life form (tree, shrub, or herbaceous) was recoded for each plot. Plant height and percentage cover were also estimated and recorded. Plant height was visually estimated, specifically, to determine if a stratum qualified to be a forest or not, with a minimum of 5 m being the threshold for a forest. Each sampling plot was assigned a field land cover class based on the predominant vegetation life form, plant cover, and height according to [29] the classification scheme. Half of the sampling plot data (60) were used as training samples, and the other half for accuracy assessment as described in 3.3.

3.2. Land Cover Classification. The training data samples collected during the ground truthing exercise were loaded into ERDAS Imagine® 2014 system and used to generate
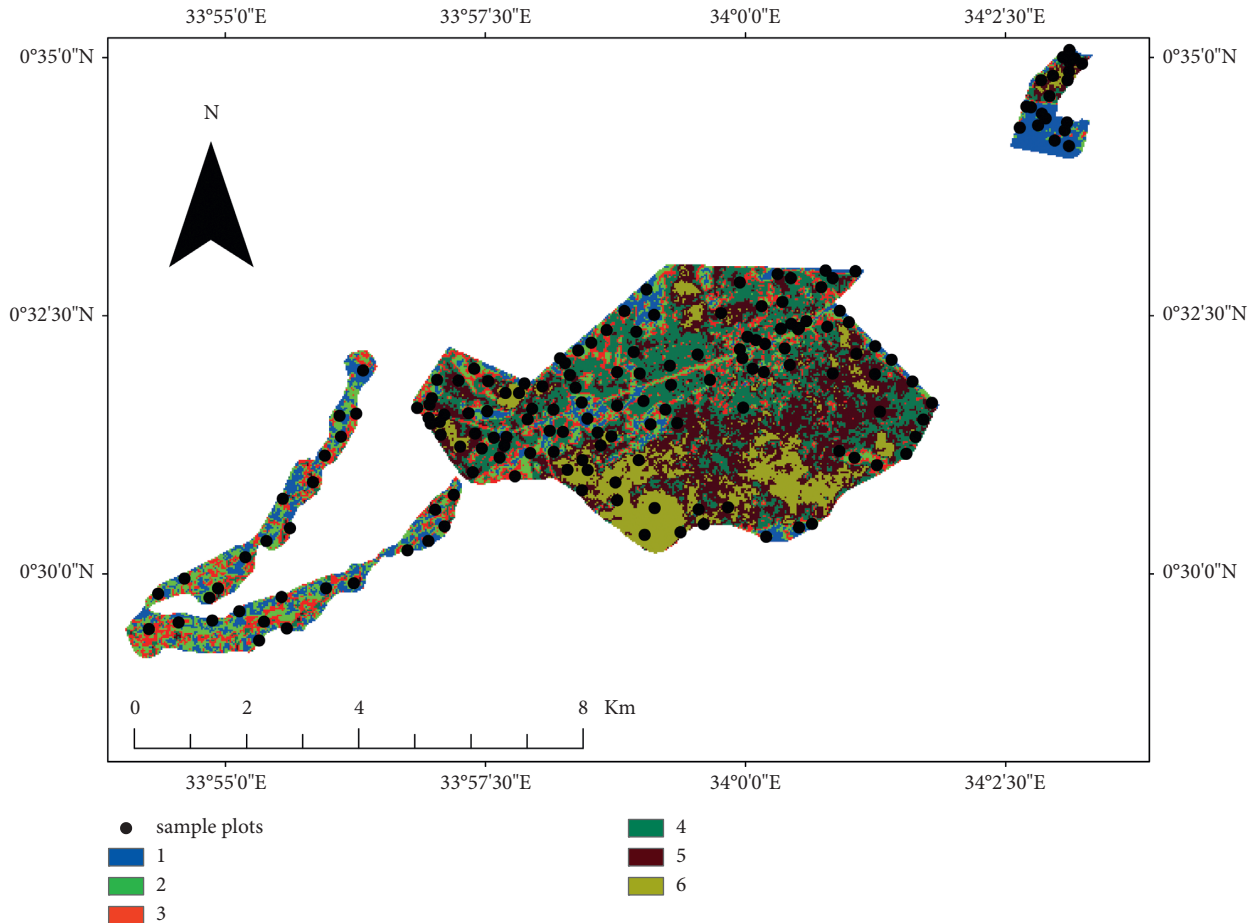
FIGURE 2: Vegetation sampling strata and distribution of sampling points.

classification signature files for coming up with land cover classes from supervised image classification. This classification was carried out using the maximum likelihood classifier. All images for the different years (1986, 1995, 2006, and 2016) were classified based on the FAO [29] classification scheme to generate respective land cover maps with six classes, i.e., forest, wetland, shrubland, built-up area, grassland, and farmland (Table 1). Mixed pixels in the resulting maps were minimized by dissolving all clusters of less than 16 pixels into the dominant land cover classes in which they were contained [30]. The effect of dissolving the mixed pixels was assumed to be equally distributed in all cover classes [31].

3.3. Accuracy Assessment.
Accuracy assessment was performed using an error matrix to determine the level of reliability of the maps resulting from the supervised classification. The assessment involved an evaluation of the matrix of field data classes of 60 sampling points and map classes resulting from supervised classification [32]. The accuracy for the images of the different years was 91% (1986), 86.7% (1995), 88.3% (2006), and 81.6% (2016), with overall kappa ranging 0.78–0.9 (Table 2). This implies a strong agreement between the classification results and ground truth data. Kappa coefficient, a statistical measure of

agreement, was used as a measure of reliability between the classification results and the ground truth data. It is calculated as given in Appendix 2.

3.4. Land Cover Change Detection.
Change detection or extent analysis was done to quantify the changes associated with land cover in the landscape. The extent analysis was based on changes in proportions of land cover classes and the transitions from one cover class to another. The rate of change considered the proportion of change between the time periods of the different images. We also determined the annual average rates of change (AARC) and percentage change.

Annual average rates of change were obtained as the differences in percentage change between any two-time periods divided by the number of years in the periods. For example, AARC between 1986 and 1995 was computed as the difference in a given land cover between 1986 and 1995 divided by the number of years between the two periods multiplied by 100. Land cover transitions were determined using a land change modeler in TerrSet 18.2. The process involved superimposing land cover map pairs for consecutive years (e.g., 1986 and 1995) to generate a matrix showing transitions between different land cover classes. The analysis also resulted in maps showing changes in spatial extent from one cover to another, for example, from forest to grassland.

Table 1: FAO classification scheme [29].

Class	Description
Forest	Land spanning 0.5 ha with trees greater than 5 m and canopy cover of above 10%
Shrubland	Area dominated by shrubs and with sparse grasses and herbs
Wetland	Areas with water on the surface
Grassland	Areas dominated by grass. Trees and shrub may be present but with sparse cover
Built-up	Roads or lanes, buildings, mines, and quarry sites
Farmland	Area under arable crops, perennial crops, and land under fallow

Table 2: Image classification accuracy assessment for the different images. All assessments are in percentage.

Land cover	1986 MSS		1995 TM		2006 ETM+		2016 OLIS/TIRS	
	Producer's (%)	User's (%)	Producer's (%)	User's (%)	Producer's (%)	User's (%)	Producer's (%)	User's (%)
Forest	100	70	100	40	100	50	100	80
Shrubland	66.6	80	88.8	80	100	80	85.7	60
Farmland	100	100	83.3	100	90.9	100	87.5	70
Wetland	66.9	100	100	100	90.9	100	90	90
Grassland	100	100	83.3	100	66.66	100	64.2	90
Built-up	100	100	66.9	100	100	100	76.9	100
Overall accuracy (%)	91.7		86.7		88.3		81.6	
Overall kappa	0.9		0.84		0.86		0.78	

3.5. Determination of Drivers for Land Cover Change. Our second objective was to determine the drivers of land cover change (LCC). To do this, we carried out a cross-sectional household survey using a questionnaire. We also conducted eight key informant interviews (KII) using a checklist of questions and two focus group discussions (FGDs). The checklist of issues consisted of observed changes in WBCFR, activities carried out in the reserve by people living adjacent to the reserve, and the factors driving LCC. The FGD and KII were conducted to triangulate the questionnaire survey data. Each of the two FGD had eight participants, aged 50–58 years. FGDs were held separately for male and female participants. The FGD covered the historical trends of WBCFR, perceptions of the status of WBCFR between 1986 and 2016, and causes of land use and cover changes.

A total of 180 respondents were interviewed in the household survey (HHS). These were selected using a multistage sampling procedure with subcounties (the immediate lower administrative units that make up a county) as the primary sampling units. From each of the three subcounties (Busitema, Bulumbi, and Buyanga) neighboring the reserve, one parish was randomly selected. Two villages were selected randomly in each selected parish. For each selected village, a sampling frame of households was created. Thirty households were randomly selected from each selected village to make 180 respondents. The head of each household was interviewed using a semistructured questionnaire. In case he/she was absent, another mature person was interviewed instead. The semistructured questionnaire for the household survey covered socioeconomic characteristics of the respondent, activities carried out in the reserve, and factors responsible for LCC (Appendix 1). The socioeconomic variables of the respondents are given in Table 3. The respondents were equally distributed among the

genders, earned their livelihoods from small-scale agriculture, had lived around the forest reserve for periods exceeding 10 years, had lowly forms of education, and had large families. During the interviews, the respondents freely listed the activities carried out in the reserve and factors responsible for LCC. Social economic and demographic information was also recorded. Data from HHS were summarized into frequencies and means/modes.

4. Results

4.1. Land Cover Changes. Over the 30-year period (1986–2016), major land cover changes took place in West Bugwe Central Forest Reserve. The forest and wetland areas declined, while the shrub land increased in area. The forest declined from 43.6% to 8.1% of the land area (the percentage cover values are computed from data in Table 4 and Figure 3). Overall, for the three decades, the forest experienced a percentage cover loss of 82%. For the wetland, the decline was 65%. Farmland and built-up area increased by 160% and 71%, respectively (Table 4). In the same period, the shrub land cover grew by 148%. The average annual rate of change for the 30-year period for the forest and wetland were −1.18% and −0.23%, respectively (Table 5). In the same period, this rate was 1.17% for the shrubland (Table 5).

Analysis of these changes at the decade level reveals that in the first decade under study here (1986–1995), the forest and grassland shrank faster than any other land cover class, −37% and −53% (the percentage cover values are computed from data in Table 4). However, the grassland gained in the succeeding decade by more than 81%. In the last decade (2006–2016), the forest and wetland shrank by 68% and 70%, respectively. In these two decades where the forest, grassland, and wetland shrank, the shrub land cover increased by 84% (1986–1995) and 49% (2006–2016), respectively. At all

TABLE 3: Socioeconomic characteristics of the respondents.

Demographic characteristics	Percentage
Sex	
Female	52
Male	48
Household source of income	
Small-scale agriculture	86
Trade	9
Salaried employment	2
Casual labour	3
Years spent in the area	
Less than a year	1
1–10 years	14
11–20 years	15
21–30 years	24
Above 31	46
Education level	
Primary	62
Secondary	16
Tertiary	3
No education	19
Household size	
Less than 5 people	23
More than 5 people	77

TABLE 4: Percent land cover changes in West Bugwe Central Forest Reserve for the period 1986–2016.

Land cover	1986 (%)	1995 (%)	2006 (%)	2016 (%)
Forest	43.6	27.5	25.4	8.1
Shrubland	24.7	45.4	40.1	59.9
Wetland	10.7	10.6	12.4	3.7
Grassland	16	7.5	13.6	17.9
Farmland	2.5	5.5	6.4	6.5
Built-up	2.1	3.4	2.2	3.6

times, the cultivated area (farmland) was growing. It increased by 120% in the first decade. The above trends are complemented by the transition changes that show that the forest changed into shrub land. Grassland and wetlands also transitioned into shrub land. In general, our results indicate that the forest and wetland transitioned into shrub land. In addition, the most significant changes took place in 1986–1995 and in 2006–2016. The bolded figures show how much the land cover remained unchanged (Table 6).

4.2. Land Cover Change Drivers. From the household survey, we established that all respondents had observed decrease in the forest area from what it was in 1986. No single respondent reported increase in the forest size. Fifteen drivers of deforestation were mentioned by the respondents. The key ones were poverty (86%), charcoal burning (86%), firewood harvesting (70%), population increase (56%), timber extraction (52%), and fire (51%). The number in parentheses shows the proportion of respondents that mentioned the driver.

Discussions with key informants confirmed the above factors as major drivers of land cover change. For instance, one

key informant stated that "*Fuel extraction is closely linked to the high levels of poverty among the communities adjacent to West Bugwe Forest Reserve. People lack alternative livelihood initiatives that can support their needs and their families. As a result, they look at the reserve as the only source of livelihood and thus engage in activities like tree cutting for charcoal and firewood.*" (key informant participant #3).

Surprisingly, crop agriculture was not considered an important driver of deforestation. Nonetheless, the local community encroaches on the reserve land, but when the law enforcers find crop gardens, they destroy them.

The FGDs elaborated further on the trends. According to the FGDs, in the period 1986–1995, there was extensive illegal logging by armed loggers. At that time, the regulatory body, the National Forest Authority (NFA), was not deployed in the forest. An NFA post was established in Tororo (about 21 km from the reserve) in the period 1995–2006.

Other factors described in KII and FGD included invasion by an invasive species (obwengere, unidentified), a forest fire in 2015, weak law enforcement, proximity to the international border with Kenya, weak laws and government policy, good roads, and closeness to urban centers (Busia, Tororo, and Malaba towns). Concerning law enforcement, it was reported during the KII that there were too few staff to manage the reserve. The staff managing the reserve comprises of two forest supervisors, two environmental police officers and two patrolmen. This means that monitoring and patrols can only be conducted at the periphery of the reserve. Furthermore, the environmental police has only been recently deployed in the reserve. The staff also have many other challenges that include (1) poor facilitation with equipment such as protective clothing or motorcycle for patrols and other forestry management duties and (2) late disbursement of wages; for instance, patrolmen claimed that they were last paid in 2015.

Governance challenges are also apparent and include conflict between the local bye-laws and the national policy and national laws and between the environmental law and the local government Act. Whereas the environmental law is aimed at conservation, the local government Act is looked at as a legal basis for generating revenue from forests by local governments. So, while NFA restricts charcoal making, the local government licenses people to burn, sell, and transport charcoal to generate local revenue. Another governance challenge is that there are two law enforcement organizations in the same reserve, the environmental police and NFA law enforcers. There is also parallel reporting, in the sense that the environmental police reports through the police hierarchy and not to NFA. This has potential to create conflicts. In summary, the proximate or direct drivers of deforestation were resource extraction (fuelwood and timber). The underlying drivers were poverty, population growth, governance issues, and management constraints.

5. Discussion

West Bugwe Central Forest Reserve has been severely deforested and also degraded at a very fast rate. The forest cover has been severely curtailed with a loss of 82%
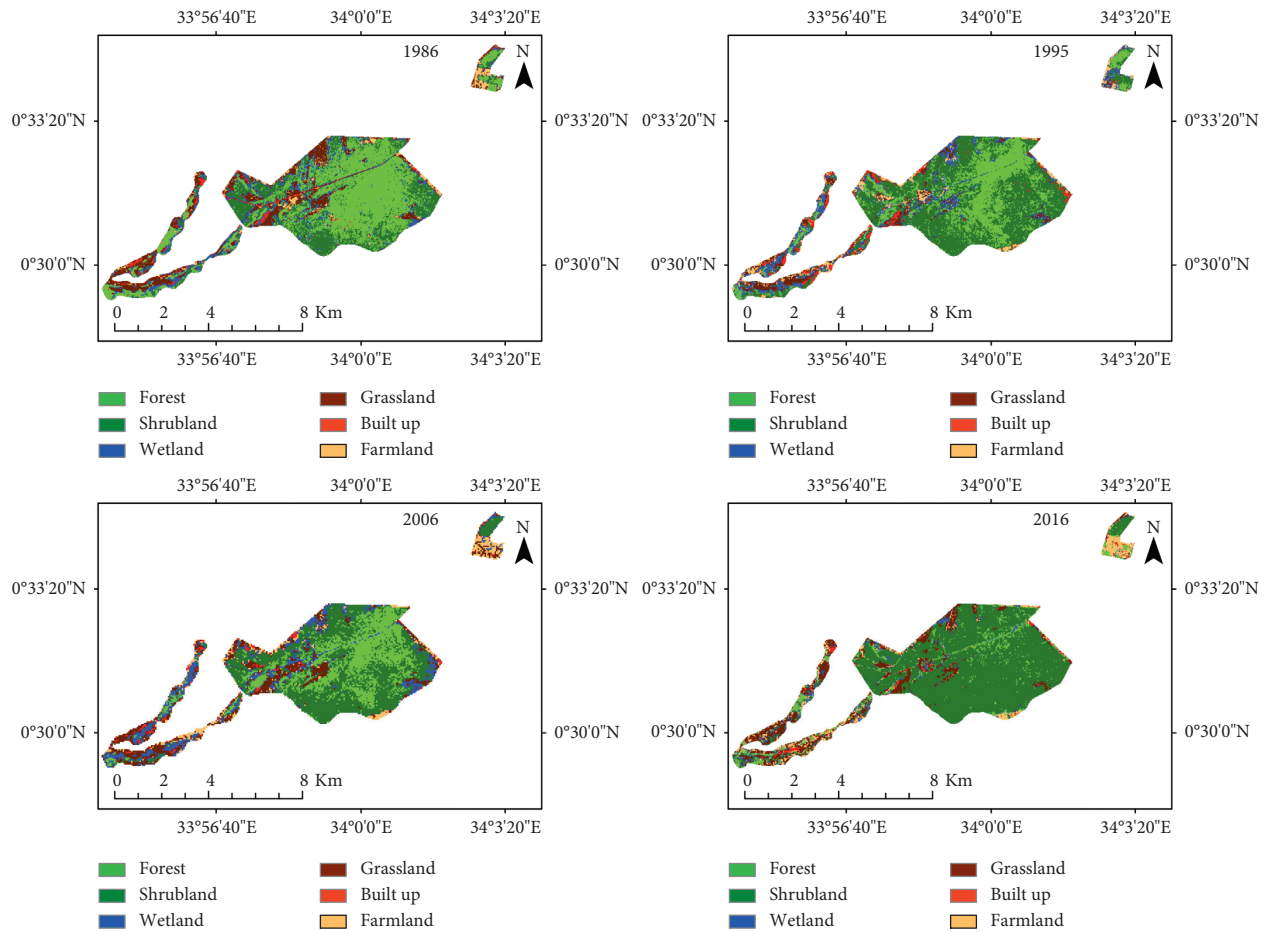
FIGURE 3: Land cover maps for the period 1986–2016 for West Bugwe Central Forest Reserve.

TABLE 5: Average annual rates of change in percentage between the years 1986, 1995, 2006, and 2016 for the classified land cover classes in West Bugwe Central Forest Reserve.

Land cover	1986–1995 (%)	1995–2006 (%)	2006–2016 (%)	Average annual rate of change (1986–2016) (%)
Forest	−1.78	−0.19	−1.73	−1.18
Shrubland	2.3	−0.48	1.98	1.17
Grassland	−0.94	0.55	0.43	0.06
Wetland	−0.01	0.16	−0.87	−0.23
Farmland	0.33	0.08	0.01	0.13
Built-up	0.14	−0.11	0.14	0.05

compared to what it was in 1986. The rate of loss of 1.27% is far higher than the one reported by NFA for protected areas in Uganda of 0.7% [28]. This implies that the forest is at the verge of disappearing. These rates were highest in the periods 1986–1995 (1.9%) and 2006–2016 (1.72%). It is not clear why these two decades had the most extensive forest loss or why the period 1996–2006 had a decline in forest loss (0.19%).

The forest has transitioned or has degraded into shrubland. The degradation of forests into shrubs is a common trend in sub-Saharan Africa [12]. In Uganda, land cover transitions are not unique to WBCFR. However, the trend of transitions recorded in this study is different from what has been reported by other studies. Twongyirwe et al. [19] reported a transition of

forest into farmland and built-up areas in Budongo and Bugoma Forests contrary to what this study reports, where forest transitioned to shrub land. Twongyirwe et al. [20] also reported increase in farmland at the expense of forest and woodland in Bwindi Impenetrable Forest. The loss of the forest may potentially lower the capacity of this ecosystem to provide forest products required by the local community or to sequester carbon [33–36].

Also, worrying in the current case is that the wetland has been heavily degraded. This means that the key regulating services that are important to humans like control of flooding and aquifer recharge have been lost [17, 33, 37]. Conversion of wetland to other land covers has been reported in other areas of Uganda [35, 38]. The only difference in this study is

TABLE 6: Transition matrices for the periods 1986–1995, 1995–2006, and 2006–2016 in hectares.

	Land cover	Forest (Ha)	Shrubland (Ha)	Grassland (Ha)	Wetland (Ha)	Farmland (Ha)	Built up (Ha)	Total 1986 (Ha)
				Time period 1986–1995				
				1995				
	Forest	**716**	787	21	80	18	11	1633
	Shrubland	197	**805**	13	22	20	31	1088
1986	Grassland	57	105	**141**	166	93	32	594
	Wetland	62	141	46	**6**	27	34	316
	Farmland	1	12	22	26	**10**	3	74
	Built up	3	4	27	14	18	**9**	75
	Total 1995	1036	1854	270	314	186	120	3780

		Forest (Ha)	Shrubland (Ha)	Grassland (Ha)	Wetland (Ha)	Farmland (Ha)	Built up (Ha)	Total 1995 (Ha)
				Time period 1995–2006				
				2006				
	Forest	**521**	424	25	58	10	1	1039.5
	Shrubland	410	**1051.3**	102	138	49	2	1752.3
1995	Grassland	1.8	6	**161**	72	32	25	297.8
	Wetland	20	30	123	**138.2**	47	10	368.2
	Farmland	0.8	4	81	27	**16.7**	20	149.5
	Built up	1.8	9.5	56	24	18	**63.9**	173.2
	Total 2006	955.4	1524.8	548	457.2	172.7	121.9	3780

		Forest (Ha)	Shrubland (Ha)	Grassland (Ha)	Wetland (Ha)	Farmland (Ha)	Built up (Ha)	Total 2006 (Ha)
				Time period 2006–2016				
				2016				
	Forest	**102**	753	23	9	11	8	906
	Shrubland	92	**1378.1**	44	10	29	14	1567.1
2006	Grassland	17	73	**56.6**	55	81	46	328.6
	Wetland	36	116	218	**216**	56	18	660
	Farmland	5.4	13	84	21	**9**	33	165.4
	Built up	0.36	1	43	7	10	**91.6**	152.9
	Total 2016	252.76	2334.1	468.6	318	196	210.6	3780

Areas in bold did not change land cover class.

that wetland has converted to shrubland and grassland unlike in other studies where wetland has converted to farmland [35, 37]. The decline in the built-up area could be due to settlement evictions in areas surrounding the reserve, as reported by Otieno and Buyinza [21]. For all land cover classes, there were what appeared to be stochastic changes with no particular pattern in the different decades. It is not easy to distinguish what drives these erratic changes among the different drivers discussed.

The main proximate drivers for the loss of the forest are extractive human activities aimed at satisfying subsistence needs and to generate incomes. Heaps of firewood and charcoal both for sale and domestic use during the survey were observed. These factors have been reported to have contributed to forest loss in other areas [19, 21, 27, 39, 40]. Unlike in other areas [19, 21, 39], crop and livestock agriculture were not found to be important factors of forest loss and degradation. Indeed, agriculture was declining. The growing law enforcement seems to be responsible for this decline in crop agriculture.

For now, there appears to be few pragmatic alternatives to address the needs and demand for forest products for subsistence and income generation for communities around WBCFR. One possible intervention is to introduce biomass fuel efficiency and alternative fuel options, e.g., liquefied petroleum gas around the reserve to reduce demand for fuelwood. The other feasible intervention is to promote tree planting outside the reserve including agroforestry practices. This will go a long way in reducing pressure on the forest reserve.

The underlying drivers are poverty in the community, population growth, as well as protected area governance and management challenges. These drivers were reported by Otieno and Buyinza [21] and Otieno et al. [39]. Population growth has been reported to be responsible for land cover change elsewhere [10, 26, 40]. Management of protected areas is a common challenge in many parts of the world and is influenced by the resources that are available to government [26, 27, 39]. These are usually limited (insufficient staff and their facilitation, e.g., trucks for monitoring and law enforcement) [21]. These challenges demand resources that are currently unavailable.

Clearly, the forest needs to be restored to provide ecosystem and provisioning services such as climate change mitigation through carbon sequestration and forest products to the neighboring community. There should be deliberate efforts to reafforest the reserve, improve its management, and initiate activities that reduce demand for forest products, such as the abovementioned fuel efficiency approaches.

The government and its agencies, e.g., the National Forest Authority, cannot do all this alone because they are constrained by resources and staff. There is need to involve the local community and other stakeholders such as nonstate actors in

governance and management of the reserve [21]. There are many advantages of collaborative forest management (CFM). Involving local stakeholders helps, among other things, to enlist support of local communities, ensure equitable sharing of forest benefits and to mitigate risks and costs that arise out of exclusionary forest management [41]. Collaborative forest management helps in developing a sense of ownership among the communities living around forest. Participation also increases local awareness, e.g., to understand the need to protect forests and environmental awareness. It also creates local institutional frameworks that can link remote rural communities to international and global frameworks [42, 43]. A good example where collaborative forest management has worked is Tororo Forest Reserve where it reduced conflict between the then Forestry Department and the Nyangole community in eastern Uganda. The Nyangole community was allowed access and withdrawal rights over the reserve, which created a feeling of ownership over the forest and a responsibility for the management of the reserve [44]. There is need, therefore, to understand the factors that would lead to effective CFM. For this, a stakeholder analysis will be highly desirable. The stakeholder analysis will be pivotal in determining stakeholder rights, interests, needs, benefits [41], and design of effective engagement based on well-defined stakeholder roles [45].

6. Conclusion

The forest cover of WBCFR declined significantly by 82% in the three decades covered by this study. Most of the forest has transitioned into shrubland according to the LCC detection analysis. The loss of the forest appears to have been caused by increase in human population and the associated demand for fuelwood. Interventions to control forest loss and undertake reafforestation must address the underlying drivers of poverty and population pressure on the reserve. This study has produced evidence of the extent and rate of forest loss in WBCFR. This information will guide policy makers and implementers in the necessary actions to improve the health of WBCFR.

Data Availability

The data used to support the conclusions of the study can be accessed from the authors' institutional server.

Conflicts of Interest

The authors declare that they have no conflicts of interest.

Acknowledgments

Supplementary Materials

Appendix 1. Semistructured questionnaire. Appendix 2. (*Supplementary Materials*)

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