

Prevalence and factors associated with convulsive status epilepticus in Africans with epilepsy

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ABSTRACT

Objective: We conducted a community survey to estimate the prevalence and describe the features, risk factors, and consequences of convulsive status epilepticus (CSE) among people with active convulsive epilepsy (ACE) identified in a multisite survey in Africa.

Methods: We obtained clinical histories of CSE and neurologic examination data among 1,196 people with ACE identified from a population of 379,166 people in 3 sites: Agincourt, South Africa; Iganga-Mayuge, Uganda; and Kilifi, Kenya. We performed serologic assessment for the presence of antibodies to parasitic infections and HIV and determined adherence to antiepileptic drugs. Consequences of CSE were assessed using a questionnaire. Logistic regression was used to identify risk factors.

Results: The adjusted prevalence of CSE in ACE among the general population across the 3 sites was 2.3 per 1,000, and differed with site ($p < 0.0001$). Over half (55%) of CSE occurred in febrile illnesses and focal seizures were present in 61%. Risk factors for CSE in ACE were neurologic impairments, acute encephalopathy, previous hospitalization, and presence of antibody titers to falciparum malaria and HIV; these differed across sites. Burns (15%), lack of education (49%), being single (77%), and unemployment (78%) were common in CSE; these differed across the 3 sites. Nine percent with and 10% without CSE died.

Conclusions: CSE is common in people with ACE in Africa; most occurs with febrile illnesses, is untreated, and has focal features suggesting preventable risk factors. Effective prevention and the management of infections and neurologic impairments may reduce the burden of CSE in ACE. *Neurology*® 2015;84:1838-1845

GLOSSARY

ACE = active convulsive epilepsy; **AED** = antiepileptic drug; **BMI** = body mass index; **CI** = confidence interval; **CSE** = convulsive status epilepticus; **KDH** = Kilifi District Hospital; **OR** = odds ratio.

Convulsive status epilepticus (CSE) is a common and serious complication of epilepsy and of acute symptomatic and febrile seizures. It occurs in 25%–30% of people with active convulsive epilepsy (ACE)^{1,2} and is dependent upon the underlying etiology and adherence to antiepileptic drugs (AEDs).³ CSE among people with epilepsy in the United States is associated with a long-term case fatality of over 20%.⁴

ACE is common in Africa,⁵ and the proportion with CSE is higher given the underlying etiology and large treatment gap.⁶ There are few population-based studies of CSE in Africa, and

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most of the available hospital-based studies probably underestimate the burden. The incidence of CSE in children admitted to a Kenyan hospital was 2–5 times that in London and 6% of these cases occurred in children with established epilepsy^{6,7}; many do not attend hospital.

Risk factors for CSE are widely studied,⁸ but it is unclear whether these differ in ACE in Africa. The few available studies from developed countries have focused on epilepsy-related risk factors of CSE¹; other infectious risk factors of CSE may be important among people with epilepsy from low-income countries, where the etiology of epilepsy is different and the treatment gap is high.⁹ The clinical features of CSE and medical and psychosocial consequences may also differ.

We documented the medical history of CSE among people with ACE in 3 African sites to estimate the lifetime prevalence, determine associations with risk factors and clinical features, and examine case fatality, burns, and social factors. We further examined whether there was heterogeneity in clinical features and risk factors across different ecological sites.

METHODS Study population. Cases of CSE were identified in community surveys of ACE conducted between August 2008 and April 2011 as part of a multisite study of epilepsy.⁵ The present analysis includes 3 sites: Agincourt, South Africa; Iganga, Uganda; and Kilifi, Kenya (<http://www.indepth-network.org/>), where reliable histories of CSE among people with ACE were obtained. Histories of CSE among people with ACE were obtained from the participants, relatives, or witnesses, with

further questions on whether CSE was associated with a febrile illness or fever. A clinician obtained data on sociodemographic characteristics and medical history and performed a neurologic examination. Experienced EEG technicians performed a 16 lead-channel EEG using the standard 10–20 montage system (figure 1), read by an experienced EEG technician (E.C.) in consultation with a neurophysiologist (S.W.), who reviewed some recordings to confirm consistency. We followed up individuals with CSE for a further 3 years to observe survivorship.

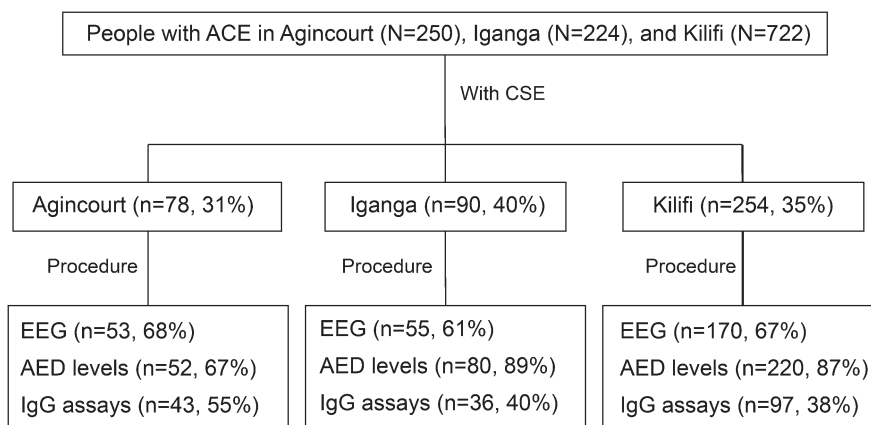
Definition of terms. We defined CSE as a history of convulsive seizures lasting for 30 minutes or more with impaired consciousness, or intermittent seizures lasting for 30 minutes or more without regaining consciousness in between the seizures.¹⁰ The definitions utilized culturally appropriate events to time the seizures for those without watches or mobile phones, such as whether a seizure lasted longer than the time taken to boil a pot of maize, duration of a news program, or religious sermon, all of which last ≥ 30 minutes.

We classified epileptic seizures as focal, generalized, or others according to recent International League Against Epilepsy recommendations.¹¹ We categorized seizure frequency into daily, weekly, monthly, or yearly.

We defined children as those aged 0–18 years. We defined a perinatal adverse event as delay in crying, breathing, or breastfeeding after birth, but was included only in those aged 18 years and below, to reduce recall bias. We defined acute encephalopathy as coma related to an acute malarial, viral, or bacterial illness. Cognitive impairment was based on ability to follow standardized instructions during neurologic examination. We defined malnutrition as height for age z scores below -2 for those 0–10 years, body mass index (BMI) ($\text{weight}/\text{height}^2$) in the lower 5th percentile for those 11–19 years, and BMI < 18.5 for adults.^{2,12}

Investigations. In a random proportion of people [selected by RAND () command in MySQL (Oracle, Redwood Shores, CA)] with ACE and a history of CSE (figure 1), G.K. analyzed blood for antibodies to *Onchocerca volvulus*, HIV, *Taenia solium*, *Toxocara canis*, *Plasmodium falciparum schizonts*, and *Toxoplasma gondii*. The commercial kits, technique used, cut-off criteria, and sensitivities and specificities associated with detection of each organism were described previously.¹³ Adherence to AEDs was measured in blood using a technique described previously.¹⁴

Figure 1 Investigations performed in convulsive status epilepticus in active convulsive epilepsy



People with convulsive status epilepticus (CSE) in active convulsive epilepsy (ACE) who had EEG performed, and antiepileptic drug (AED) blood levels and antibody titers to parasitic infections and HIV determined. ACE = active convulsive epilepsy; IgG = immunoglobulin G.

Statistical analysis. We estimated the prevalence of CSE associated with ACE for each center by dividing the number of confirmed cases of CSE by the total number of individuals screened in the survey. The prevalence was adjusted for the sensitivity of the methodology used to identify people with ACE.¹⁵ In Kilifi, we compared the community estimates with admissions during or prior to the survey using the Kilifi Health and Demographic Surveillance System database, which offers a framework for linking hospital and population data for each person.¹⁶

We compared those with CSE in ACE with those with ACE without CSE. Pearson χ^2 test was used to compare proportions while Student *t* test or Mann-Whitney, where appropriate, was used to compare continuous variables between groups. Up to 774 people with ACE without CSE were included in the risk factor analysis (table e-1 on the *Neurology*[®] Web site at Neurology.org). We used a logistic regression model that included age, sex, site, education, and marital status of parents to compute odds ratios (ORs) for each risk factor. All infections were entered together into the adjusted logistic model to examine their independent association with CSE in ACE. We considered a *p* value of ≤ 0.05 significant. Consequences of CSE in those with ACE were compared first with those with ACE without CSE and then with age group–matched community controls without ACE (*n* = 1,025 for the 3 sites) (table e-1).

Standard protocol approvals, registrations, and patient consents. This project was approved by the Kenyan National Ethical Review Committee as well as the respective Institutional

Review Boards in Uganda and South Africa. Written informed consent was sought from people with epilepsy or caregivers.

RESULTS We identified 422 cases of CSE out of 1,196 people with ACE across the 3 sites, of which 256/422 (61%) occurred in children (<18 years) and 211/422 (50%) in males. The majority of the cases of CSE in ACE were drawn from Kilifi (254/422 [60%]), with the remainder from Agincourt and Iganga (table 1). Over half (230/422 [55%]) of the reported CSE cases occurred with a febrile illness and this was similar in generalized and focal epilepsy (*p* = 0.4). The overall adjusted prevalence of CSE associated with ACE among the general population across the sites was 2.3 per 1,000, being highest in Iganga (2.8 per 1,000) (table 1), and was greatest in adolescents and young adults (figure 2).

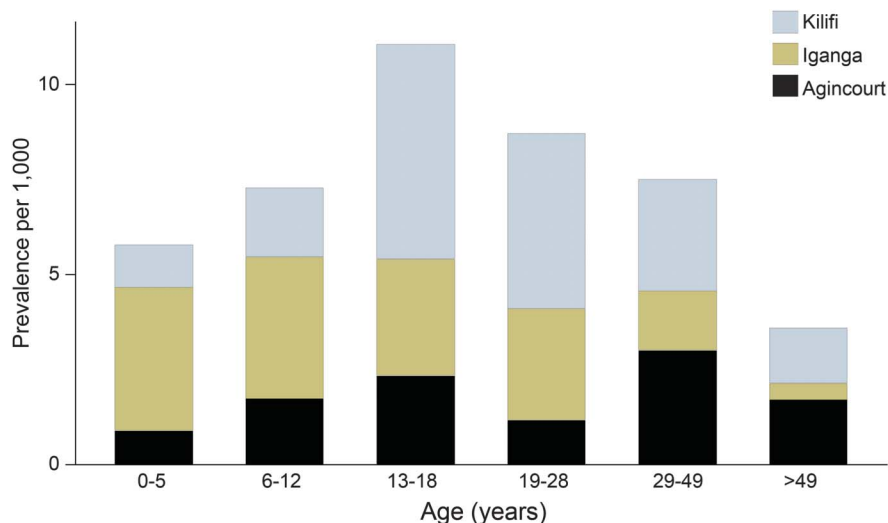
Status epilepticus and hospital use. Data on use of hospital services by people with CSE in ACE was available only for Kilifi, where 143/254 (56%) people with CSE associated with ACE in the community sought biomedical care for seizures at Kilifi District Hospital (KDH) at least once. Of these 143

Table 1 Characteristics and prevalence of convulsive status epilepticus in active convulsive epilepsy

Features	Agincourt	Iganga	Kilifi	All sites combined
Number with ACE	250	224	722	1,196
Number of CSE cases	78	90	254	422
ACE with CSE, %	31	40	35	35
Study population	82,818	64,172	232,176	379,166
Prevalence of CSE per 1,000 population (95% CI)	0.9 (0.8-1.2)	1.4 (1.1-1.7)	1.1 (0.9-1.2)	1.1 (1.0-1.2)
Adjusted prevalence of CSE per 1,000 population (95% CI)	1.9 (1.7-2.5)	2.8 (2.3-3.5)	2.3 (1.9-2.5)	2.3 (2.1-2.5)
Median age, y (IQR)	26.0 (13.0-38.0)	9.0 (4.0-17.0)	16.0 (9.0-22.0)	15.0 (8.0-24.0)
Male sex, n (%)	39/78 (50)	44/90 (49)	128/254 (50)	211/422 (50)
Characteristics of epilepsy, n (%)				
Age at onset of seizures, y (IQR)	9.6 (1.9-20.9)	1.3 (0.5-3.3)	1.5 (0.6-4.0)	1.9 (0.7-6.5)
Focal epilepsy	40/78 (51)	22/90 (24)	108/254 (43)	170/422 (40)
All generalized seizure types	47/78 (60)	67/90 (74)	74/254 (29)	188/422 (45)
All focal seizures types	35/78 (45)	31/90 (34)	193/254 (76)	259/422 (61)
Abnormal EEG	24/53 (45)	18/55 (33)	110/170 (65)	152/278 (55)
Focal EEG features	30/53 (57)	8/55 (15)	46/170 (27)	84/278 (30)
Daily seizures	7/78 (9)	9/90 (10)	37/254 (15)	53/422 (13)
Self-reported AED use, n (%)	42/73 (58)	25/88 (28)	115/253 (45)	182/414 (44)
Case fatality, burns, and social factors, n (%)				
Burns	7/78 (9)	6/90 (7)	52/254 (20)	65/422 (15)
Unmarried adults	41/50 (82)	21/28 (75)	78/103 (76)	140/181 (77)
Lack of education	25/77 (32)	37/88 (42)	140/249 (56)	202/414 (49)
Unemployed adults	51/54 (94)	19/23 (83)	61/90 (68)	131/167 (78)
Died	2/78 (3)	5/90 (6)	29/254 (11)	36/422 (9)

Abbreviations: ACE = active convulsive epilepsy; AED = antiepileptic drug; CI = confidence interval; CSE = convulsive status epilepticus; IQR = interquartile range.

Figure 2 Prevalence of convulsive status epilepticus associated with active convulsive epilepsy by age group in Africa



The cumulative prevalence of convulsive status epilepticus in active convulsive epilepsy increased up to 18 years then declined steadily across 3 sites in sub-Saharan Africa.

admissions, 97 (68%) were children; most were admitted for nonepilepsy reasons. Twelve (12%) children with CSE in the community had been hospitalized at KDH more than once. Of the 143 admissions, 46 (32%) were adults, all of whom were admitted with epilepsy-related complications.

Age at onset of seizures. The median (interquartile range) age at onset of seizures in years for those with ACE and CSE was 1.9 (0.7–6.5). The onset of febrile CSE was earlier (1.2 [0.5–6.3]) than that of nonfebrile CSE (6.7 [1.4–18.6]; $p < 0.0001$). Seizures in ACE with CSE began earlier in those with a history of febrile seizures (2.3 [0.7–10.0]) than in those without (4.0 [1.09–15.0]; $p = 0.0003$). Epileptic seizures began at a younger age in Iganga and Kilifi than in Agincourt (table 1).

Seizure types. Over half (259, 61%) had focal seizures in ACE with CSE; the proportion was similar in males and females ($p = 0.7$), and in children and adults ($p = 0.1$), but were more common in febrile than nonfebrile CSE (146/220 [66%] vs 110/198 [56%]; $p = 0.024$). Focal seizures in CSE differed across sites ($p < 0.0001$), being most common in Kilifi (193/254 [76%]). Other specific focal seizure types are shown in table e-1.

Generalized convulsive and nonconvulsive seizures in ACE with CSE occurred in 188/422 (45%) study participants and the proportion was similar in males and females ($p = 0.8$) and in children and adults ($p = 0.7$). The proportion of generalized seizures in CSE differed across the sites ($p < 0.001$), being most common in Iganga (67/90 [74%]).

Epileptic seizure semiology and EEG. Of the 278 people with CSE in ACE who had EEG performed, abnormal EEG patterns occurred in 152 (55%), and abnormalities were similar in children and adults ($p = 0.09$), but differed with site ($p = 0.001$), being commonest in Kilifi (110/170 [65%]) (table 1). Focal EEG features (defined as focal slowing or epileptiform discharges) were observed in 84/278 (30%) people with CSE in ACE and did not differ between febrile and nonfebrile CSE ($p = 0.4$). The highest proportion of focal EEG features was seen in Agincourt (30/53 [57%]), with differences across the sites ($p < 0.0001$). Of 125 people reported to have generalized epileptic seizure semiology in ACE with CSE, 42 (34%) had focal EEG features.

Seizure frequency and AED use. Seizures occurred daily in 53/422 (13%), weekly in 46/422 (11%), monthly in 149/422 (35%), and yearly in 174/422 (41%) people with CSE in ACE (table e-1). The seizure frequency was not associated with febrile CSE ($p = 0.1$). Seizure frequency varied with site ($p < 0.001$).

AED use was reported by 182/414 (44%) people with CSE in ACE, and the use varied with site ($p = 0.001$), being commonest in Agincourt (42/73 [58%]) (table 1). Blood levels assays showed that 95/352 (27%) were on AEDs (phenobarbital, carbamazepine, or phenytoin), representing a sensitivity of 78/155 (50%) for self-reported use. AED use was not associated with seizure frequency for the self-reported use (univariate OR = 0.89 [95% confidence interval (CI) 0.77–1.03]; $p = 0.137$) but adherence as measured in the blood was associated with a reduction in seizure frequency (OR = 0.84 [95% CI 0.70–0.99]; $p = 0.048$).

Risk factors associated with status epilepticus. Several factors were associated with a higher probability of having CSE in those with ACE compared to those with ACE without CSE in the pooled analysis across all the sites. These included history of acute encephalopathy, neurologic and learning impairments, and presence of exposure to malaria and HIV in plasma (tables 2 and 3). History of previous hospitalization appeared to be protective against developing CSE in ACE. Site-specific risk factors are shown in table e-2.

A summated score for number of infections detected across all sites was independently associated with CSE in ACE for antibodies to malaria schizonts (OR = 1.84 [95% CI 1.16–2.93]; $p = 0.010$) and HIV (OR = 2.55 [95% CI 1.22–5.30]; $p = 0.012$). Associations for individual infections are shown in table 3. These infections were independently associated with CSE in ACE in Kilifi (OR = 3.47 [95% CI 1.61–7.45]; $p = 0.001$ for malaria and OR = 3.49 [95% CI 1.10–11.08]; $p = 0.034$ for HIV), but not the other 2 sites (table e-2).

Consequences of CSE in those with ACE. Case fatality proportion. After 3 years, 36/422 (9%) with CSE in ACE had died, in similar proportions to those with ACE without CSE (77/774 [10%]; $p = 0.4$) but with differences across sites ($p < 0.026$), being most common in Kilifi (29/254 [11%]) (table 1). Case fatality was not associated with adherence to AEDs as measured in blood ($p = 0.4$), but with cognitive impairments ($p < 0.001$).

Burns. Burns were reported in 65/422 (15%) people with CSE in ACE, similar to that of those with

ACE without CSE (142/762 [19%]; $p = 0.2$), but greater than community controls without ACE (58/1,016 [6%]; $p < 0.001$). The proportion with burns differed across the sites ($p = 0.002$). Surprisingly, adherence to AEDs as measured in blood was positively associated with burns (OR = 1.70 [95% CI 1.22–2.38]; $p = 0.002$).

Lack of education. Lack of formal education was reported in 202/414 (49%) people with CSE in ACE, similar to those with ACE without CSE (337/763 [44%]; $p = 0.1$), but was greater than in community controls without ACE (272/1,010 [27%]; $p < 0.001$). Lack of formal education differed across the sites ($p < 0.001$), being more common in Kilifi (140/249 [56%]) (table 1).

Marriage prospects. Being single was reported in 140/181 (77%) adults with CSE in ACE, greater than in those with ACE without CSE (242/390 [62%]; $p < 0.0001$) and in community controls without ACE (195/475 [41.1%]; $p < 0.001$). Being single was significantly associated with adherence to AEDs as measured in blood (univariate OR = 1.65 [95% CI 1.25–2.17]; $p < 0.0001$). Being unmarried did not differ across the sites ($p = 0.7$) (table 1).

Unemployment. Unemployment in adults with CSE in ACE was similar to those without CSE (131/167 [78%] vs 291/405 [72%]; $p = 0.1$), but significantly greater than that of community controls without ACE (297/487 [61%]; $p < 0.001$). Unemployment was not associated with adherence ($p = 0.9$). Unemployment differed across the sites ($p < 0.0001$), being most common in Agincourt (51/54 [94%]) (table 1).

Table 2 Pooled univariate and adjusted analysis of the medical risk factors associated with convulsive status epilepticus among people with active convulsive epilepsy for all sites combined

Variable	People without CSE (%)	People with CSE (%)	Unadjusted OR (95% CI)	p Value	Adjusted OR (95% CI) ^a	p Value
Medical history						
Febrile seizures	90/762 (12)	54/415 (13)	1.12 (0.77–1.60)	0.548	1.13 (0.77–1.64)	0.536
Seizures in siblings	60/768 (8)	33/421 (8)	1.00 (0.64–1.56)	0.987	0.87 (0.54–1.40)	0.563
Seizures in parents	25/767 (3)	16/421 (4)	1.17 (0.62–2.22)	0.625	1.20 (0.63–2.29)	0.585
Adverse perinatal events	29/358 (8)	23/249 (9)	1.15 (0.65–2.05)	0.623	1.16 (0.65–2.08)	0.614
Abnormal pregnancy	57/358 (16)	44/249 (18)	1.13 (0.74–1.74)	0.569	1.06 (0.68–1.67)	0.785
Acute encephalopathy	9/765 (1)	190/418 (45)	70.00 (35.29–138.83)	<0.0001	73.57 (35.45–152.67)	<0.001
Previous hospitalization	458/768 (60)	203/420 (48)	0.63 (0.49–0.80)	<0.0001	0.69 (0.54–0.89)	0.004
Malnutrition	134/765 (18)	67/417 (16)	0.90 (0.65–1.24)	0.526	0.82 (0.58–1.15)	0.253
Learning difficulties	169/768 (22)	146/419 (35)	1.90 (1.46–2.47)	<0.001	1.77 (1.32–2.38)	<0.001
Neurologic deficits	116/767 (15)	106/419 (25)	1.90 (1.41–2.55)	<0.0001	1.75 (1.28–2.40)	0.001
Drug abuse	61/768 (8)	22/419 (5)	0.64 (0.39–1.06)	0.084	0.78 (0.48–1.33)	0.363
Visits traditional healers	474/726 (65)	278/390 (71)	1.32 (1.01–1.72)	0.042	1.30 (0.98–1.72)	0.071
Self-reported AED use	317/754 (42)	182/414 (44)	1.08 (0.85–1.38)	0.526	1.18 (0.91–1.52)	0.219

Abbreviations: AED = antiepileptic drug; CI = confidence interval; CSE = convulsive status epilepticus; OR = odds ratio.

^a Adjusted for age, sex, site, lack of education, and marital status for adults.

Table 3 Pooled univariate and adjusted analysis of the medical and laboratory risk factors associated with convulsive status epilepticus among people with active convulsive epilepsy for all sites combined

Variable	People without CSE (%)	People with CSE (%)	Unadjusted OR (95% CI)	p Value	Adjusted OR (95% CI) ^a	p Value
Blood level AED	182/632 (29)	95/352 (27)	0.91 (0.68–1.22)	0.545	0.92 (0.68–1.25)	0.585
Abnormal EEG	277/515 (54)	152/278 (55)	1.04 (0.77–1.39)	0.810	0.91 (0.67–1.24)	0.529
Focal epilepsy	290/773 (38)	170/422 (40)	1.12 (0.88–1.43)	0.347	1.12 (0.87–1.45)	0.369
Eats pork	172/764 (23)	67/414 (16)	0.66 (0.49–0.91)	0.010	0.78 (0.56–1.09)	0.145
Head injury before seizures	28/739 (4)	7/409 (2)	0.44 (0.19–1.02)	0.056	0.65 (0.28–1.55)	0.337
Hypertension	25/767 (3)	5/421 (1)	0.36 (0.14–0.94)	0.037	0.80 (0.29–2.22)	0.666
Malaria schizont	216/320 (68)	131/176 (74)	1.40 (0.93–2.12)	0.108	1.58 (1.02–2.43)	0.040
HIV	21/314 (7)	19/173 (11)	1.72 (0.90–3.30)	0.102	2.12 (1.04–4.31)	0.039
Malaria schizont and HIV	15/320 (5)	8/176 (5)	0.97 (0.40–2.33)	0.943	1.39 (0.52–3.69)	0.511
Onchocerciasis	6/46 (13)	4/36 (11)	0.83 (0.22–3.21)	0.791	0.81 (0.20–3.24)	0.761
Toxocariasis	88/320 (28)	59/176 (34)	1.33 (0.89–1.98)	0.160	3.90 (0.51–29.79)	0.190
Toxoplasmosis	87/320 (27)	37/176 (21)	0.71 (0.46–1.11)	0.130	0.80 (0.50–1.29)	0.372
Taeniasis	1/46 (2)	1/36 (3)	1.29 (0.08–21.29)	0.861	1.55 (0.09–28.12)	0.765

Abbreviations: AED = antiepileptic drug; CI = confidence interval; CSE = convulsive status epilepticus; OR = odds ratio.

^aAdjusted for age, sex, site, lack of education, and marital status for adults.

DISCUSSION The adjusted prevalence of CSE in people with ACE in Africa is high (2.3 per 1,000), and the true burden of all CSE may be greater, as these estimates only represent that associated with ACE, which does not include acute symptomatic seizures and deaths after an episode of CSE. CSE was associated with history of acute encephalopathy, an absence of previous hospitalization, underlying neurologic impairments, and presence of antibody titers to falciparum malaria and HIV. Risk factors associated with CSE in ACE differed across the sites.

CSE is more common in Africa than in other parts of the world.¹⁷ Our estimates of CSE associated with epilepsy are comparable with those reported in studies from the United States (0.5–2.5 per 1,000),^{1,18} where nonconvulsive epilepsies may have been included in some studies and case ascertainment may have been better as they are less hampered by logistical constraints. The prevalence was highest in Iganga, where family history of seizures was an important risk factor, suggesting shared environmental or genetic factors. Use of AEDs and hospital services in this study were low, suggesting the need to apply educational interventions to encourage use of health services for management of prolonged seizures.¹⁹

Among people with CSE in ACE, seizures began earlier in those with febrile illnesses than in those without, probably related to infectious causes of CSE in childhood.^{7,20} An early occurrence of CSE for those with a history of febrile illness may also suggest a genetic susceptibility for acute febrile seizures.^{21,22} The difference in age at onset between sites suggests different age-dependent risk factors, some of

which may increase case fatality rate, particularly in children with CSE.⁴

People with ACE with CSE in Agincourt and Iganga had a particularly high proportion of generalized seizures, but a third had focal EEG features and could have rapidly generalized. Generalized prolonged seizures are thought to be associated with a good outcome with appropriate treatment,²³ while focal seizures may be a marker of underlying preventable causes or regional atrophy on MRI caused by prolonged seizures.²⁴

Neurologic and cognitive deficits were important risk factors of CSE in those with ACE, and could be markers of underlying brain damage. A history of acute encephalopathy was associated with CSE, as would be expected in those hospitalized with CNS infections,⁷ also supported by significant presence of antibodies to falciparum malaria and HIV. Previous use of hospital facilities appeared protective against CSE, and this may be explained by some people who are likely to live near the hospitals or adhere to AEDs. Visiting a traditional healer may have delayed conventional treatment, with seizures leading to CSE in some people with ACE.

Exposure to falciparum malaria and HIV was associated with CSE in ACE and these 2 infections may interact.²⁵ We previously found that over half of hospitalized CSE cases in children was related to malaria⁷ and recently demonstrated that over 90% episodes of CSE in parasitemic children are caused by malaria.²⁶ The differences in risk factors across sites suggest that specific preventative strategies and treatment options should be applied for different sites; alternatively, this

may be explained by the small numbers at some sites, different field assistants asking questions, and differences in medical services. These results may only apply in other African countries with similar ecological, cultural, and sociodemographic characteristics.

Medical and psychosocial detrimental consequences were similar in those with ACE with and without CSE but more common than in the general population. The mortality was low because this represents a cohort who have survived CSE, which occurred during childhood and was associated with febrile illnesses.⁷ Case fatality was lower than in CSE in Richmond, Virginia, where there may have been more accurate documentation and longer follow-up period than in our study. This African cohort included CSE survivors during the survey.⁴ Case fatality was increased in those with cognitive impairment, suggesting that underlying comorbidities, including psychiatric problems,²⁷ may increase the risk of death in people with CSE in ACE. Adherence to AEDs appeared to increase the risk of some social consequences of CSE, supporting the hypotheses that these occur in severe epilepsy. Those using AEDs and with severe epilepsy may be stigmatized, affecting marriage prospects.

The strength of this work is that we used community data from multiple sites, and there is detailed description of risk factors and consequences of CSE. The study reported estimates for CSE in ACE only, and yet non-CSE may account for over 50% of the cases of status epilepticus.²⁸ Recall bias and case fatality prior to the survey could have caused underestimation of prevalence. This is a cross-sectional study and future prospective community incidence studies of CSE and its consequences are required to provide reliable estimates.

CSE is common in people with ACE in Africa, with estimates greater than in high-income countries, and is associated with focal clinical features suggestive of underlying preventable causes. Underlying neurologic impairments and CNS infections such as falciparum malaria are important associations with CSE in people with ACE. Some associations differ across countries, suggesting different strategies and control measures are required for specific sites. CSE in ACE is associated with detrimental effects, similar to that seen in ACE without CSE, but greater than in the general population and thus should be addressed. Future prospective studies are required to provide reliable estimates and explore feasible control and treatment measures.

AUTHOR CONTRIBUTIONS

Symon M. Kariuki: drafting/ revising the manuscript, study concept or design, analysis or interpretation of data, accepts responsibility for conduct of research and final approval, statistical analysis. Angelina Kakooza-Mwesige: drafting/ revising the manuscript, study concept or

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DISCLOSURE

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